

COMMUNITY RESOURCE GUIDE

FOR

MARTIN COUNTY



Sponsored by:
HOOSIER UPLANDS
HOME HEALTH AND HOSPICE

This resource guide was developed
for the benefit of all:

Martin County Residents

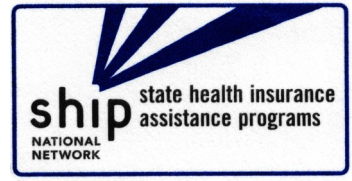
We do not claim to have listed all services
available to the community, but hope to have listed
programs which will meet your
most immediate needs.

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The AgrAbility program serves farm families affected by
disability through education and assistance. This free
program is funded by the USDA. It’s about HOPE. For more
information call 800-825-4274 or visit these websites below:
www.agrability.org www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP)
provides free, unbiased health insurance information
for people with Medicare. SHIP provides tools and
information to help you make decisions regarding your
health care. It is a non-profit organization designed to
provide an unbiased place to seniors and pre-retirees to
find answers to their health insurance questions. All of
their services are free. Contact a SHIP Counselor at
Hoosier Uplands at 800-333-2451 or 812-849-4457 or
call the State Health Insurance Assistance Program at
800-452-4800.

INFORMATION & REFERRAL

HOOSIER UPLANDS OFFICES

Main Office

500 W. Main Street
Mitchell, IN 47446
812-849-4447
800-827-2219

Shoals Office

127 Water Street
Shoals, IN 47581
812-247-3303

Community Services Office

521 W. Main Street
Mitchell, IN 47446
812-849-4457
800-333-2451

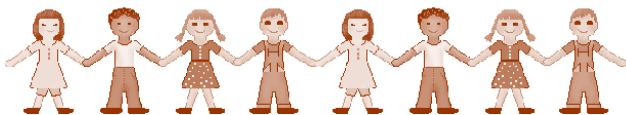
Programs offered through Hoosier Uplands include: Budget/Mortgage Counseling, Children's Services, Energy Assistance, Home Health, Hospice, Section 8 Housing, The Angel Foundation, and Weatherization. The division also provides County Health Department and WIC services through our Shoals office. Visit online at: www.hoosieruplands.org

Generations Area 13 Agency on Aging

1019 N. 4th Street, P.O. Box 314 800-742-9002
Vincennes, IN 47591 812-888-5880
Generations is part of a network of 16 area agencies on aging in Indiana and serves residents in *Martin County*. Generations provides services and information primarily to older adults and individuals with disabilities of all ages and their families and caregivers. Services include Case Management, Options Counseling, SHIP (State Health Insurance Assistance Program), Meals on Wheels, AngelWorx, and Ombudsman. We also have caregiver resources. Call or visit the main office for more information. Visit online at: www.generationsnetwork.org

Martin County Chamber of Commerce

210 N. Line Street, P.O. Box 257 812-295-4093
Loogootee, IN 47553
We provide city maps and brochures, small business services, and information on tourism and area attractions. We also furnish information on recreational events and festivals. The Chamber sends informational packets to individuals wanting to move to or tour the area.



CHILDREN'S SERVICES

Children's Special Health Care Services

Indiana State Department of Health 800-475-1355
2 N. Meridian Street, Suite 5C 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Daviess-Martin Special Education Coop

9 W. Main Street, P.O. Box 637 812-254-1530
Washington, IN 47501

We provide services to special needs children.

Children ages 3 to 21 years are in this program and must be in school to receive services.

4C of Southern Indiana 866-200-5909
414 S.E. 4th Street, Suite 214 812-423-4008
Evansville, IN 47713

Provides free services to families, community and child care providers in 28 counties in Southern Indiana. 4C supports families looking for child care with referrals to local legally operating child care providers. We assist individuals in becoming licensed child care providers. 4C also provides safe sleep training and education as well as monthly family workshops on a variety of early childhood topics. Visit online at: www.child-care.org

Development Services Industries, Inc

500 N. Oak Street 812-295-4494
Loogootee, IN 47553

Kids Stuff: A fun, developmental preschool available to all children ages 3 to 5 years. The preschool offers half-day classes from 2 to 4 days per week. The classrooms, located in Washington and Loogootee, are conducted by experienced licensed teachers with a maximum of 5:1 child to staff ratio.

Happy Hollow Children's Camp 812-988-4900
3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7 to 14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.



Hoosier Healthwise Helpline 800-889-9949

Hoosier Healthwise is a health care program for children up to age 19 and pregnant women. The program covers medical care such as doctor visits, prescription medicine, mental health care, dental care, hospitalizations, and surgeries at little or no cost to the member or the member's family. The Children's Health Insurance Program (CHIP) is for children up to age 19 whose families have slightly higher incomes. In CHIP, members are required to pay a low monthly premium for coverage as well as copays for certain services.

Hoosier Uplands Children's Services

Administrative Office..... 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hoosier Uplands Children's Services offers opportunities and support for growth and change by providing a safe, healthy, nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands After School Program

..... 812-849-4447

The vision of the program is to assist children in achieving their potential through academic and social skills. Limited transportation is provided.

21st Century Community Learning Centers Program:

Shoals Afterschool Program:

21st Century Community Learning Centers After School Program at ***Shoals Elementary*** serves 40 students. The program operates from after school until 5:45 p.m. every day that school is in session. The 21st CCLC grant funds 100% of the program. There is no cost for parents.

Hoosier Uplands Head Start..... 812-295-4700

401 S. Oak Street
Loogootee, IN 47553

Early Head Start offers child development services to pregnant mothers and families with infants and young children age birth to 3 years. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Head Start is a family centered child development program for three and four year old's. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily.

Transportation is provided where possible. Families must meet income eligibility requirements.

Martin County Women, Infants, and Children (WIC)812-247-3303

127 Water Street
Shoals, IN 47581

WIC is a nutrition program, nationally recognized, as an effective means for improving access to nutritious foods and promoting healthier eating and lifestyles. Those who are eligible are: pregnant women, new moms (up to six months after delivery), infants, and children under the age of five. You must live in Indiana and meet income guidelines. We also provide breastfeeding support and education.

CRISIS SERVICES

Adult Protective Services**Hotline** 800-992-6978

201 E. Walnut812-254-8681
Washington, IN 47501

This organization does investigation of reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing or directing the management of their property, or providing or directing the provision of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery or exploitation of the individual's personal services or property.

American Red Cross812-471-7200

Southwest Chapter
29 S. Stockwell Road
Evansville, IN 47714

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; and one-family or community blood drives.

Crisis Connection**Crisis Line** 800-245-4580

1500 S. Meridian Road, P.O. Box 903.....812-482-1555
Jasper, IN 47547

We assist abused women and their children with transportation to safe lodging. Provides support groups for women and children; New Babies and Natural Helpers program; domestic abuse education to schools; and information on legal and financial options. Legal and emergency room advocacy and transportation are available. Visit online at: www.crisisconnectioninc.org

Hoosier Uplands Economic Development Corporation
"People Helping People"

Federal Emergency Management Agency
Disaster Assistance 800-621-3362
 Works in conjunction with Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Indiana Department of Child Services (DCS)
 Region 17—Martin County 812-247-2871
 609 Ravine Street
 Shoals, IN 47581
 The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)
Child Abuse and Neglect Hotline..... 800-800-5556
All calls must go through the above number.
Do not call the local office or the police department to report child abuse or neglect.
Child Support Hotline 800-840-8757

Middle Way House **Crisis Line** 812-336-0846
 Martin Outreach Office 812-295-2993
 Located in Martin County Community Learning Center
 2666 U.S. Highway 50, Room 101
 Loogootee, IN 47553
 Emergency shelter for women and children who are victims of sexual assault, domestic violence, or who feel they are in danger. We provide a *24-hour crisis line*, legal advocacy, crisis intervention, support groups, and transitional housing.

EMERGENCY 911

Hospitals:
 IU Health Bedford Hospital 812-275-1200
 Daviess Community Hospital..... 812-254-2760
 Memorial Hospital..... 812-996-2345
 Ascension St. Vincent Dunn Hospital..... 812-275-3331

Martin County Fire Departments:
 Loogootee..... 812-295-2323
 Shoals 812-247-3726
 Crane Call Loogootee 812-295-2323
 Lost River Volunteer Fire Department..... 812-247-3060

Police/Sheriff Departments:
 Crane Village Police Department 812-247-3726
 Loogootee Police Department..... 812-295-2246
 Martin County Sheriff’s Department 812-247-3726

EMPLOYMENT AND TRAINING

American Red Cross 812-471-7200
 Southwest Chapter
 29 S. Stockwell Road
 Evansville, IN 47714
 The American Red Cross offers classes online and at training locations. Areas of training include First Aid/CPR/AED; Lifeguarding and Swimming; Basic Life Support Training; Advanced/Pediatric Life Support Training; Babysitting and Child Care; Nurse Assistance/CNA Training and Testing; and many other classes are available. Visit online at: www.redcross.org/take-a-class

IU Health Bedford Hospital 812-275-1335
Events & Classes
 2900 W. 16th Street
 Bedford, IN 47421
 Throughout the year IU Health Bedford Hospital will hold classes and workshops for those interested in some form of health education. For a complete list of upcoming classes or workshops, visit online at: www.iuhealthbedford.org

Martin County Purdue Extension 812-295-2412
 2666 U.S. Highway 50
 Loogootee, IN 47553
 You can access the latest information in agricultural production and management, and food purchasing, storage, and preparation. Current educator is responsible for youth educational programs. Visit online at: www.extension.purdue.edu/martin

National Able Network, Inc...... 317-396-7800
 3737 N. Meridian Street, Suite 409
 Indianapolis, IN 46201
 Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

The Society of St. Vincent DePaul
 516 Park Street..... **Helpline** 812-295-9900
 Loogootee, IN 47553
 Educational Assistance Program is designed to assist low-income persons who wish to improve their situation through education and have exhausted all other assistance programs. Assistance is given in many

forms: aid with transportation, fees, books, tuition, etc. Please call and leave a message.

WorkOne Loogootee Express..... 812-295-2722
504 Park Street

Loogootee, IN 47553

WorkOne helps people find a new or better job, choose a career, find a good employee, access training, or get the information needed to succeed in today's ever-evolving workplace.

**FOOD, CLOTHING, RENT,
UTILITIES, HOUSEHOLD, ETC.**

Congregate Meal Sites:

Loogootee Senior Citizens Center

John F. Kennedy Avenue 812-295-3130
Loogootee, IN 47553

Shoals Senior Citizens Center 812-247-2525

409 Courthouse Drive
Shoals, IN 47581

These senior citizens centers provide noon lunches (Meals on Wheels) to persons age 60 and over on a donation basis for the senior citizen and his or her spouse.

Hoosier Uplands Energy Assistance Program

127 Water Street..... 812-247-3303
Shoals, IN 47581

Financial assistance for heating in winter is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines.

Loogootee United Methodist Church

208 W. Main Street 812-295-3049
Loogootee, IN 47553

Food pantry is open 11 a.m. to 1 p.m. every Thursday (except the 4th Thursday of each month) and open the first Monday of each month from 5 p.m. to 6:30 p.m. for those in need.

Martin County Division of Family Resources

125 Cooper Street..... 800-403-0864
Loogootee, IN 47553

The DFR is responsible for establishing eligibility for Medicaid, Supplemental Nutrition Assistance Program (SNAP) and Temporary Assistance for Needy Families benefits (TANF). The DFR also provides employment and training services to some SNAP and TANF recipients. Secondary services provided: Room and Board Assistance, Children's Special Healthcare Need Services, and the Qualified Medicare Beneficiary (QMB) which pays Part B of your Medicare.

Martin County Women, Infants, and Children

(WIC) 812-247-3303

127 Water Street
Shoals, IN 47581

WIC is a nutrition program, nationally recognized, as an effective means for improving access to nutritious foods and promoting healthier eating and lifestyles. Eligible are: pregnant women, new moms (up to six months after delivery), infants, and children under the age of five. Open 8 am to 4:30 pm; Monday-Friday. You must live in Indiana and meet income guidelines. Also provides breastfeeding support/education.

Mom's Meals.....*Private Pay* 866-971-6667

.....*All Other Customers* 866-204-6111

Mom's Meals is a USDA inspected and approved fresh food preparation and delivery business dedicated to providing great tasting, FRESH meals to our customers. We prepare, package, and ship FRESH, ready to heat and eat meals to a customer's doorstep throughout the 48 contiguous states, using either UPS or FedEx. As a result, we can offer an affordable home delivered meal program for the most rural and remote clients and communities. In many cases, agencies can save money by using Mom's Meals as part of their home delivered meal program which allows them to expand their meal programs to more clients. Visit online at:

www.momsmeals.com

The Society of St. Vincent DePaul

516 Park Street.....*Helpline* 812-295-9900
Loogootee, IN 47553 *Food Pantry* 812-295-3662

Assists with utility bills, rent, food, clothing, furniture, hospital equipment, and toy program at Christmas. If needing assistance, please call and leave message. For food, call the food pantry. The Food Pantry is open on the 4th Thursday of the month (November and December—3rd Thursday) from 8 a.m. to 12 Noon for Loogootee residents and from 1 p.m. to 4 p.m. for Shoals residents. If immediate assistance is needed, please contact your township trustee.

TOWNSHIP TRUSTEES

Center..... 812-388-7185

Halbert..... 812-709-2434

Lost River..... 812-247-3490

MitchelTree..... 812-388-5612

Perry..... 812-295-3237

Rutherford 812-644-7949

When monetary funds are available, your Township Trustee will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.

HANDICAPPED SERVICES

ADA—Indiana 812-855-6508

2810 E. Discovery Parkway
Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Bosma Enterprises 866-602-6762

6270 Corporate Parkway 317-684-0600
Indianapolis, IN 46278

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals.

Children's Special Health Care Services

Indiana State Department of Health 800-475-1355

2 N. Meridian Street, Suite 5C 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children (age birth to 21 years) who have serious, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Division of Disability & Rehabilitative Services

P.O. Box 7083, MS26 800-545-7763

402 W. Washington Street, W453
Indianapolis, IN 46207

The DDRS's mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Developmental Disabilities Services, Vocational Rehabilitation/Employment, Bureau of Quality Improvement Services, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Protection and Advocacy Services

4701 N. Keystone Avenue, Suite 222 800-622-4845
Indianapolis, IN 46205

Indiana Disability Rights is a congressionally mandated, legally based, disability rights agency. Our mission is to defend the rights of individuals with disabilities through empowerment and advocacy.



Indiana Resource Center for Autism 812-855-6508

2810 E. Discovery Parkway
Bloomington, IN 47408

IRCA staff respond with accurate, evidence-based, and timely information to meet the needs of individuals across the autism spectrum and across the lifespan, their families, and the professionals who support them. No matter where you are in your journey from diagnosis through adulthood, our resources are here to help you navigate options related to an autism spectrum disorder.

Indiana Vocational Rehabilitation Services

125 E. 57th Street, Suite A 877-847-9896

Jasper, IN 47546 812-827-5179

Designed to increase employability of physically and mentally handicapped adults through counseling, medical service, prosthetic devices, education, vocational training, and more.

RES-CARE Community Alternatives

305 N.E. 3rd Street 812-295-2155

Loogootee, IN 47553

Group Home Living for adult males with training in daily living skills necessary for independent living. Must be 18 years old or older with a diagnosed developmental disability.

Stephensons Disability Services 800-642-1339

903 E. Main Street 812-945-2770
New Albany, IN 47150

As a private company, we offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970

315 W. Ohio Street 317-232-3684
Indianapolis, IN 46202

The TBBL provides digital audio books, large print books and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345

If you've been recently diagnosed, or know someone who has, we're here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy, and patient and family services. Visit online at:

www.cancer.org



American Heart Association..... 800-242-8721
 National Center
 7272 Greenville Avenue
 Dallas, TX 75231
 Education, material, films, community service programs, healthy recipes, and cookbooks. Visit online at: www.heart.org

American Lung Association of Indiana
Lung Helpline..... 800-586-4872
 115 W. Washington Street..... 317-819-1181
 Suite 1180 South
 Indianapolis, IN 46204
 Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lung.org

Ascension St. Vincent Dunn Hospital
 1600 23rd Street 812-275-3331
 Bedford, IN 47421
 Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, and Women’s Services. Visit online at: www.stvincent.org

Community Based Outpatient Clinic (Veterans)
 2100 Liberty Drive, Suite B 877-683-0685
 Bloomington, IN 47403..... 812-336-5723
 Outpatient medical services and counseling are available. We also provide information about the services available through the Veteran’s Administration.

Daviess Community Hospital 812-254-2760
 1314 E. Walnut Street
 Washington, IN 47501
 Daviess Community Hospital is a not-for-profit and county-owned 74-bed hospital in Washington, Indiana that includes acute care, OB, intensive care, inpatient rehabilitation facility and behavioral health. Daviess Community Hospital incorporates state-of-the-art procedures and equipment to care for our patients. An extensive offering of services and programs is available.

Daviess Martin Medical Clinic 812-295-5095
 12546 E. US Highway 50
 Loogootee, IN 47553
 Let our team of experts be your primary source of all your medical care. Our team collaborates with one another and with other DCH specialty physicians to ensure you and your family are receiving the best possible, patient centered care, available. The Daviess

Martin Medical Clinic provides treatment of acute injuries and illnesses, pediatrics, wellness checks, physical exams, immunizations, x-ray, and laboratories services.

EyeCare America**Helpline** 877-887-6327
 Foundation of American Academy of Ophthalmology
 P.O. Box 42909
 San Francisco, CA 94142
 Our public service programs provide eye care services to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S. who cannot afford eye care and for those at increased risk for eye disease. We are committed to the preservation of sight, accomplishing its mission through public service and education. Taking calls from 11 a.m. to 3 p.m. To find out if you qualify for the program that relates to you, visit online at: www.aao.org/eyecare-america



Healthy Indiana Plan877-438-4479
 The Healthy Indiana Plan (HIP) is an affordable health insurance program for uninsured adult Hoosiers. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP is for uninsured Hoosiers between the ages of 19-64 who meet specific income levels. It offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care
 500 W. Main Street800-827-2219
 Mitchell, IN 47446.....812-849-4447
 Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice.....800-827-2219
 500 W. Main Street812-849-4447
 Mitchell, IN 47446
 Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care, provided by skilled nurses, helps control pain and symptoms affecting the quality of life for those facing

an incurable illness. Hospice aides help patients with their personal care needs. Social workers help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

www.hoosieruplands.org

Indiana State Department of Health

2 N. Meridian Street 800-382-9480
 Indianapolis, IN 46204 317-233-1325

The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health 317-232-3231

Office of Women’s Health 317-233-7056

Environmental Public Health Dept. 317-233-7173

For other areas of information, call the toll free number listed above.

IU Health Bedford Hospital 800-755-3734

2900 W. 16th Street 812-275-1200
 Bedford, IN 47421

IU Health Bedford Hospital is a modern, Joint Commission approved rural health care facility.

We offer the latest technology and medical practices.

We employ a physician group practice—IU Health Southern Indiana Physicians. Our physicians provide medical services in internal medicine, family practice, general surgery, orthopedics, obstetrics and gynecology, and pediatrics. Nurse practitioners in adult and pediatric primary care have been added to expand medical care.

Visit online at: www.iuhealth.org/bedford

Limbs for Life Foundation 888-235-5462

9604 N. May Avenue 405-605-5462
 Oklahoma City, OK 73120

Limbs for Life Foundation is a non-profit organization that provides prosthetic limbs for amputees who can’t afford them in the United States. Must meet our eligibility requirements.

Living Well Home Care 812-849-6000

1490 W. Main Street
 Mitchell, IN 47446

We offer in-home services such as attendant care, homemaker, and respite. Visit online at:

www.livingwellhomecare.agency



Loogootee Healthcare and Rehabilitation Center

313 Poplar Street 812-295-4433
 Loogootee, IN 47553

We provide inpatient and outpatient rehab services including physical, occupational, speech, and respiratory therapy. Other services available include 24-hour Licensed Nursing Staff and therapeutic diets. Medicare/Medicaid certified facility.

Loogootee Family Medicine 812-295-2812

105 Cooper Street
 Loogootee, IN 47553

Family Medicine, Laboratory Services, and Rehabilitation.

Martin County Health Center 812-247-2733

229 High Street
 Shoals, IN 47581

Diabetes, Family Medicine, and Laboratory Services.

Martin County Health Department 812-247-3303

127 Water Street
 Shoals, IN 47581

The Martin County Health Department is part of Hoosier Uplands Economic Development Corporation.

The Health Department performs various functions within the county including but not limited to: maintaining and retrieving vital health information, reviewing and approving septic installations, sanitary engineering functions, follow-up on public health complaints, record of animal bites, records of communicable diseases, lead screening, immunizations for adults and children, food inspections, and a resource for health information in the community.

Memorial Hospital and Health Care Center

800 W. 9th Street 812-996-2345
 Jasper, IN 47546 800-852-7279

Memorial Hospital and Health Care Center serves residents of nine rural counties in southwestern Indiana.

Over the years many centers have been added including:

Inpatient Rehab Center, Maternity Center, Memorial Counseling Center, Skilled Caring Center, Sleep Center, Urgent Care Center, Women’s Center, and the Wound Care Center. Some of the services provided are: angina heart therapy, audiology, bariatric surgery, behavioral health, cardiopulmonary, critical care, heart and vascular, home health care, obstetrics/gynecology, oncology, pediatrics, radiology, and surgical services.

For a complete listing of services, call Community Relations. Visit online at: www.mhhcc.org

National Kidney Foundation of IN 317-722-5640

911 E. 86th Street, Suite 100
 Indianapolis, IN 46240

Emergency financial assistance to kidney patients.

Support from the NKFI is for those who have exhausted

all other options. The NKFI offers support with food, transportation, utilities, medication, and housing. Financial Assistance is based on available funding. Educational resources are available covering a wide range of topics related to kidney health.

Samaritan Center of Martin County

.....*Hotline* 800-824-7907
 200 S. John F. Kennedy Avenue 812-295-3090
 Loogootee, IN 47553

We are in the Loogootee office Wednesday from 8 a.m. to 7 p.m. and Thursday from 8 a.m. to 5 p.m. We provide family counseling; in-home case management services; and group, individual, marital, and chemical dependency therapy. We also provide stress management, outpatient psychiatric evaluation and counseling services. Medical clinics, chemical dependency, and drug classes are available (after evaluation).

Serenity Now 812-275-4053

2125 16th Street
 Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. We provide the following services: Individual and Group Therapy; Family Therapy; Substance Abuse Treatment; Smoking Cessation; Therapeutic Services available from the age of 3 and up; Psychiatric Medication Management available from the age of 12 and up; Treatment focusing on the concerns of the LGBTQ community. We accept most insurance policies and is fully accessible.

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street..... 888-878-6889
 Indianapolis, IN 46202 317-544-0000

VA Medical Center—Rex Robley 800-376-8387

800 Zorn Avenue..... 502-287-4000
 Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don't have one, you can request a copy from the VA.



When you meet a veteran, thank them for serving our country.

ZipMed Urgent Care of Loogootee.....812-295-2955

104 Wood Street
 Loogootee, IN 47553

Our walk-in clinic provides non-life-threatening healthcare services to the Loogootee area. Open Monday-Thursday; 7:30 a.m. to 11:30 a.m. in the morning and 1:00 p.m. to 5:30 p.m. in the afternoon.

Williams Bros. Health Care Pharmacy

104 E. Broadway Street812-295-4370
 Loogootee, IN 47553

Services Include: Pharmacy, Durable Medical Equipment, Respiratory Therapy, Over the Counter Medication, and Oxygen. Infusion Therapy and Safe Home Solutions are also available. Visit online at: www.williamsbrosparmacy.com

HOUSING

Eagle Place Apartments.....812-709-3122

510 Church Street
 Loogootee, IN 47553

Senior housing and income restricted.

Hoosier Uplands Housing Counseling

500 W. Main Street800-827-2219
 Mitchell, IN 47446812-849-4447

Hoosier Uplands Housing Counseling provides free information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Call to make an appointment. Visit online at: www.hoosieruplands.org

Larkin Apartments812-709-3122

103 Public Square
 Loogootee, IN 47553

This is a gated structure with 2-bedroom apartments, courtyard, and playground. The apartments have washer/dryer hookups, a dishwasher, and are very spacious. There are many other amenities available, too. Service/Companion Animals allowed with vet/vaccination records on file. Must meet income guidelines set by the funding sources for the rehabilitation of the building. Rent levels include an utilities allowance and may vary according to additional individual qualification circumstances.

Loogootee Country Place Apartments

31 Country Place.....812-295-4335
 Loogootee, IN 47553

Head of household must be 18 or older. One and two bedroom apartments available.

Southwind Manor 812-295-9866
 211 Cedar Street
 Loogootee, IN 47553
 For low-income persons 62 and over, handicapped, or disabled. Some apartments especially designed for wheelchairs. Pets welcome.

Stonebrook of Shoals Apartments 812-247-2023
 11708 Ironton Road, Apt. 2025
 Shoals, IN 47581
 One and two bedroom apartments are available and two apartments are handicapped accessible. We have laundry facilities, play area for children, and allow pets.

USDA Rural Development..... 812-482-1171
 1486 Executive Boulevard Ext 4
 Jasper, IN 47546
 Loans and Grants—enable very low income rural homeowner to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Eligibility: Loans—very low-income homeowner; Grants—62 years of age or older and very low-income homeowner.

LEGAL SERVICES

Indiana Legal Services*Intake* 844-243-8570
 111 S.E. Third Street, Suite 205 800-852-3477
 Evansville, IN 47708 812-426-1295
 Provides legal representation, consultation, and advice. Legal areas: Family Law, Consumer Law, Senior Law, Housing Issues, and Public Benefits. Free services are available to low-income persons who are at or below 125% (up to 200% in certain circumstances) of the poverty guidelines.

Office of the Indiana Attorney General
 Indiana Government Center South 317-232-6201
 302 W. Washington Street 5th Floor
 Indianapolis, IN 46204
 The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit 800-382-5516
Medicaid Fraud Control Unit 800-382-1039
Patient Abuse & Neglect Program 800-382-1039
 For other areas of information, call the Attorney General’s Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services*Hotline* 800-992-6978
 200 E. Walnut 812-254-8681
 Washington, IN 47501
 This organization investigates reports of persons age 18 and over who cannot make informed decisions due to

mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

Ascension St. Vincent Dunn Hospital Auxiliary Auxiliary/Volunteer Office 812-276-1242
 1600 23rd Street
 Bedford, IN 47421

The Ascension St. Vincent Dunn Hospital Auxiliary is composed of men and women whose tireless efforts enrich the lives of our patients and contribute funds to the hospital for any special projects. All interested persons are urged to join the Auxiliary.

Duke Energy 800-521-2232
 P.O. Box 1326*Electric Trouble* 800-343-3525
 Charlotte, NC 28201 ... TTY/TDD Relay Service—711
 Special Assistance Programs include: Energy Assistance Program (EAP), Braille Bills, Helping Hand, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Pick Your Due Date. Visit online at: www.duke-energy.com

Generations Area 13 Agency on Aging
 1019 N. 4th Street, P.O. Box 314 800-742-9002
 Vincennes, IN 47591 812-888-5880
 Generations is part of a network of 16 area agencies on aging in Indiana and serves residents in **Martin, Daviess, Dubois, Greene, Knox and Pike counties**. Generations provides services and information primarily to older adults and individuals with disabilities of all ages and their families and caregivers. Services include Case Management, Options Counseling, SHIP (State Health Insurance Assistance Program), Meals on Wheels, AngelWorx, and Ombudsman. We also have caregiver resources. Call or visit the main office for more information. Visit online at: www.generationsnetwork.org

IU Health Bedford Hospital 812-275-1200
 2900 W. 16th Street *Volunteers* 812-277-3818
 Bedford, IN 47421

Volunteers are an integral part at IU Health Bedford Hospital. It is not necessary for you to have worked in a hospital or volunteered in a healthcare setting before. You need only a passion to serve others, and a commitment to helping IU Health Bedford Hospital make each and every guest visit exceptional.

Hoosier Uplands Economic Development Corporation
“People Helping People”

SENIOR CENTERS

Loogootee Senior Citizens Center

John F. Kennedy Avenue 812-295-3130
Loogootee, IN 47553

Shoals Senior Citizens Center 812-247-2525

409 Courthouse Drive
Shoals, IN 47581

The centers are a place for seniors to gather to socialize. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips.

Veterans Services Office 812-247-2210

129 Main Street, P.O. Box 725
Shoals, IN 47581

Provides information about and assistance with pensions, compensation, education, VA forms, and information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Loogootee Public Library 812-295-3713

504 Park Street
Loogootee, IN 47553

Loogootee Public Library provides many different services. We have eight public computers with internet access and we also provide Wi-Fi, so patrons may bring in their own devices.

Martin County Chamber of Commerce

210 N. Line Street, P.O. Box 257..... 812-295-4093
Loogootee, IN 47553

We provide city maps and brochures, small business services, and information on tourism and area attractions. We also furnish information on recreational events and festivals. The Chamber sends informational packets to individuals wanting to move to or tour the area. Visit online at:

MCCC@martincountyindianachamberofcommerce.org

Martin County Purdue Extension Office

2666 U.S. Highway 50..... 812-295-2412
Loogootee, IN 47553

4-H provides learning experiences and develops talents, skills, and leadership abilities. Educational Information Program provides information for agriculture and community development planning and issues. Extension Homemakers Clubs provide a variety of Educational and learning experiences for adults. We also have Consumer and Family Science Programs. Visit online at: www/extension.purdue.edu/washington

Martin County Historical Society 812-247-1133

220 Capital Street
Shoals, Indiana 47581

Our purpose is to maintain and operate the Martin County Museum (old county courthouse—1876) and preserve the history of Martin County. Our volunteers are always glad to give a tour of the building and answer your questions. Visit online at:

www.martincountyhistoricalsociety.com

Shoals Public Library Phone/Fax 812-247-3838

404 High Street
Shoals, IN 47581

The Shoals Public Library is a Carnegie Library that was constructed in 1914. We provide copies and fax services for a minimal fee. We have three computers that have internet access for public use as well as WiFi. Books, books on cassette tapes, videotapes, large print books, copy machine, and a fax machine are available for public use.

West Boggs Park 812-295-3421

16117 U.S. Highway 231
Loogootee, IN 47553

Everything in your imagination is a reality at West Boggs Park! Our 1,600 acre facility hosts a 400 acre play area and the famous 622 acre West Boggs Lake fishery and recreational water! In the midst of those 400 acres, you will find our 250+ site campground, miles of multi use trails, playgrounds, swimming beach, shelter houses, and some amazing views!

SUPPORT SERVICES

Albion Fellows Bacon Center 800-339-7752

P.O. Box 3164..... **Domestic Assault** 812-422-5622
Evansville, IN 47731 **Sexual Assault** 812-424-7273

We have an emergency shelter that is a short-term safe haven for individuals who have experienced sexual or domestic violence. Men, women, and their minor children are welcome. Services include 24-Hour crisis hotline; community education; sexual assault program; support groups; and referral/advocacy services. Legal advocacy and public speaking presentations are also available.

American Cancer Society 800-227-2345

If you've been recently diagnosed, or know someone who has, we're here with answers, guidance, and support. We attack cancer from every angle. Donations help fund cancer research, education, advocacy and patient and family services. Visit online at: www.cancer.org

American Red Cross 812-471-7200
 Southwest Chapter
 29 S. Stockwell Road
 Evansville, IN 47714
 Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; and one-family or community blood drives.

Bureau of Developmental Disabilities Services (BDDS)
 1452 Vaxter Street..... 877-218-3529
 Clarksville, IN 47129 812-283-1040
 Bureau of Developmental Disabilities Services provides services for individuals with developmental disabilities that enable them to live as independently as possible in their communities. BDDS assists individuals in receiving community supports and residential services using a person-centered plan to help determine which services are needed and who can best provide them. BDDS also monitors the quality of care and the facilities of those who are approved to provide these services in Indiana. Visit online at:
www.in.gov/fssa/ddrs/developmental-disability-services

Hoosier Uplands Budget Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. We will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling
 500 W. Main Street 800-827-2219
 Mitchell, IN 47446 812-849-4447
 Hoosier Uplands Housing Counseling provides Information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation
 521 W. Main Street 800-333-2451
 Mitchell, IN 47446 812-849-4457
 The mission of **The Angel Foundation** is to facilitate the fulfillment of a lifelong dream or wish for **ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS**. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of **The Angel Foundation** is to empower communities

and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org



Indiana Foreclosure Prevention Network
877-438-4673
 Think of 877-Get-Hope as your personal financial hotline. The benefits are available to any Hoosier homeowner having trouble paying a mortgage. Free foreclosure prevention counseling by trained financial experts. Services include budgeting help, a written financial plan, or assistance in contacting the lender. Visit online at: www.877gethope.org

Martin County Community Foundation
 2668 U.S. Highway 50.....812-295-1022
 Loogootee, IN 47553
 The Foundation works with caring individuals, families, and organizations to create or grow existing permanent endowment funds to benefit the community and causes that matter to them. The income these funds generate are given back to the community in the form of grants and scholarships. Because these funds are permanent, they will be used to benefit Martin County for generations to come.

Samaritan Center of Martin County
 **Hotline** 800-824-7907
 200 S. John F Kennedy Avenue.....812-295-3090
 Loogootee, IN 47553
 We are in the Loogootee office Wednesday from 8 a.m. to 7 p.m. and Thursday from 8 a.m. to 5 p.m. We provide family counseling; in-home case management services; and group, individual, marital, and chemical dependency therapy. We also provide stress management, outpatient psychiatric evaluation and counseling services. Medical clinics, chemical dependency, and drug classes are available (after evaluation).

Serenity Now.....812-275-4053
 2125 16th Street
 Bedford, IN 47421
 Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. We provide the following services: Individual and Group Therapy; Family Therapy; Substance Abuse Treatment; Smoking Cessation; Therapeutic Services available from the age of 3 and up; Psychiatric Medication Management available from the age of 12 and up; Treatment focusing on the concerns of the LGBTQ community. We accept most insurance policies and is fully accessible.

Southwestern Behavioral Healthcare, Inc.
 4001 John Street Crisis 812-423-7791
 Evansville, IN 47714 812-473-3104
 Southwestern works to meet the behavioral healthcare needs of our communities. Our services include acute psychiatric care for all age groups, 24-hour emergency services, and a full range of services from outpatient and addiction treatment to older adult services for individuals with serious and persistent mental illnesses.

VA Medical Center—Richard L. Roudebush
 1481 W. 10th Street 888-878-6889
 Indianapolis, IN 46202 317-554-0000
VA Medical Center—Rex Robley 800-376-8387
 800 Zorn Avenue 502-287-4000
 Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

**SPECIAL INTEREST
 TOLL-FREE PHONE NUMBERS**


- Adult Protective Services 800-992-6978
- Alzheimer’s Association 800-272-3900
- American Association of Retired Persons 888-687-2277
- American Cancer Society Helpline 800-227-2345
- American Diabetes Association 800-342-2383
- American Heart Association 800-242-8721
- Centers for Disease Control Information Line 800-232-4636
- Child Abuse or Neglect Hotline 800-800-5556
- Consumer Protection Division 800-382-5516
- Disability Determination Bureau 800-622-4968
- Eldercare Locator (nationwide) 800-677-1116
- Family & Social Services Administration ... 800-403-0864
- Habitat for Humanity International 800-422-4828
- Healthy Indiana Plan 877-438-4479
- Home Health Hotline 800-227-6334
- Indiana Department of Veterans Affairs 800-400-4520
- Indiana Family Helpline 855-435-7178
- Indiana Government Information 800-457-8283
- Indiana Poison Center 800-222-1222
- Medicare 800-633-4227
- National Center for Missing and Exploited Children 800-843-5678
- National Kidney Foundation of Indiana 800-382-9971
- National Runaway Safeline 800-786-2929
- Office of the Long Term Care Ombudsman 800-622-4484
- Social Security Administration 800-772-1213
- Substance Abuse and Mental Health Helpline 800-662-4357
- U.S. Department of Veterans Affairs Regional Office 800-827-1000
- U.S. Veteran’s Administration Medical Centers
Richard L. Roudebush 888-878-6889
 1481 W. 10th Street
 Indianapolis, IN 46202
Rex Robley 800-376-8387
 800 Zorn Avenue
 Louisville, KY 40206

TRANSPORTATION

Indiana Department of Veterans Affairs Veterans Services Office 812-247-2210
 129 Main Street, P.O. Box 725
 Shoals, IN 47581
 Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Ride Solutions 877-369-8899
 1001 E. Main Street, P.O. Box 367
 Washington, IN 47501
 We provide transportation to residents of Martin County. Cost of transportation is based on destination one way; cost doubles for round trip. We accept cash only.

*Helping others benefits not only the one that is receiving the help, it also makes the one giving the help, a sense of compassion for others.
 Be kind and help someone in need today.
 Even a small gesture, such as opening a door for someone, goes a long way.*





521 West Main Street
Mitchell, IN 47446

All Hoosier Uplands services are provided
without regard to sex, race, color, age,
religion, national origin, ancestry, sexual
orientation, gender identity (or expression),
disability or veteran status.