

COMMUNITY RESOURCE GUIDE

FOR WASHINGTON COUNTY



**For further information on
services listed or other services not listed,
please call:**

**Hoosier Uplands / Area 15 Agency on Aging
INFORMATION AND REFERRAL**

**(812) 849-4457
or 1-800-333-2451
www.hoosieruplands.org**



This resource guide was developed
for the benefit of all:

Washington County Residents

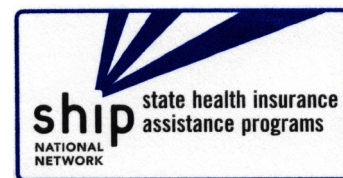
We do not claim to have listed all services
available to the community, but hope to have listed
programs which will meet your
most immediate needs.

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The AgrAbility program serves farm families affected by
disability through education and assistance. This free
program is funded by the USDA. It’s about HOPE. Contact:
Hoosier Uplands, 500 W Main St., Mitchell, IN 47446 or call
800-827-2219 or 812-849-4447. Visit the website at:
www.agrability.org or www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP)
provides free, unbiased health insurance information
for people with Medicare. SHIP provides tools and
information to help you make decisions regarding your
health care. It is a non-profit organization designed to
provide unbiased assistance for seniors and pre-retirees
to find answers to their health insurance questions. All
of the services are free. Contact a SHIP Counselor at
Hoosier Uplands at 800-333-2451 or 812-849-4457 or
call the State Health Insurance Assistance Program at
800-452-4800.

INFORMATION & REFERRAL

Hoosier Uplands Information & Referral Services

800-333-2451 or 812-849-4457

Main Office

500 W. Main Street
Mitchell, IN 47446
800-827-2219
812-849-4447

Salem Office

902 S. Aspen Drive
Salem, IN 47167
800-487-8890
812-883-5368

Aging & Community Services Offices

521 W. Main Street
Mitchell, IN 47446
800-333-2451
812-849-4457

Washington County Chamber of Commerce

201 E. Market Street, Suite 104812-883-4303
Salem, IN 47167

Provides tourism information, brochures, Chamber newsletter, industrial development information, small business services, and information about groups, organizations and businesses in Washington County.

Visit online at: www.washingtoncountychamber.org

CHILDREN'S SERVICES

S.I.E.O.C......800-755-8558
PO Box 240.....812-926-1585
Aurora, IN 47001

Information and referral; free parent and provider child care training; has contacts for Child Care and Development Fund (CCDF) voucher program which provides financial assistance for families who are working or enrolled in school; and provides licensing to providers. Visit online at: www.sieoc.org

Children's Learning Center at Goodwill of Central and Southern Indiana, Inc.....812-207-2312

1329 Applegate Lane
Clarksville, IN 47129

We are a child development center and preschool for children ages six weeks to five years. Our services set us apart from other child care facilities, allowing us to help all children, challenged to gifted, to develop to their full potential. SIRH offers therapies in-house so you don't have to worry about taking your child to a separate facility during the workday. Visit online at: www.goodwillindy.org

Children's Special Health Care Services

Indiana State Department of Health.....800-475-1355
2 N. Meridian Street, Suite 5C.....317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe/chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Family Ark.....800-838-3008
101 Noah's Lane812-282-8479
Jeffersonville, IN 47130

Services include youth counseling, therapeutic foster care, treatment program for adolescent sex offenders, behavioral health services, and support groups for victims of sexual abuse.

First Steps of Southern Indiana800-941-2450
Blue River Services, Inc.

P.O. Box 547
Corydon, IN 47112

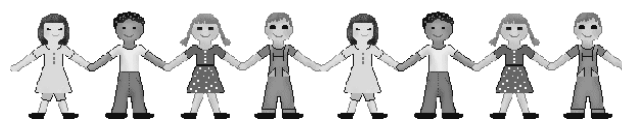
This program is for children, ages birth to three years, who are experiencing developmental delays and/or have a diagnosed condition that has a high probability of resulting in developmental delay. Some of the many services offered by First Steps are Audiology, Developmental Therapy, Speech Therapy, Physical Therapy, and Occupational Therapy.

Happy Hollow Children's Camp812-988-4900
3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United Way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the State of Indiana.

Hoosier Healthwise Helpline800-889-9949

Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.



Hoosier Uplands Children’s Services

Administrative Office..... 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Offers opportunities and support for growth and change by providing a safe, healthy, nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands Head Start..... 812-883-5368
902 S. Aspen Drive.....800-487-8890
Salem, IN 47167

Early Head Start offers child development services to pregnant mothers and families with infants and young children birth to age three. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Head Start is a family centered child development program for three and four year olds. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child’s first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Salem Center offers half day classes. Families must meet income eligibility requirements.

River Valley Resources, Inc.—Region 5b—Agent Child Care Voucher Program 866-652-7027
800 E. 8th Street 812-949-4381
New Albany, IN 47150

To help with the cost of child care for those working and who meet guidelines for assistance, please call the intake agent at the number listed above.

21st Century Community Learning Centers After School Program.....800-827-2219

West Washington Elementary School.....812-849-4447
Operates from after school until 5:45 p.m. every day that school is in session serving 35 in grades K through 6. The vision of the program is to assist children in



achieving their potential through academic and social skills. No cost to parents. 21st Century Community Learning Centers grant funded. Limited transportation.

Washington County WIC Program.....812-883-1394
504 Reid Avenue
Salem, IN 47167

Provides nutritional counseling and food vouchers for pregnant mothers and families with children age newborn to age five. Eligibility based on income guidelines.

CRISIS SERVICES

Adult Protective Services..... **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual’s personal services or property.

American Red Cross800-850-8894
1805 E. 8th Street.....812-283-8416
Jeffersonville, IN 47130

Provides notification to active duty military personnel of death, serious illness, or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.clarkredcross.org

Federal Emergency Management Agency Disaster Assistance..... 800-621-3362
Washington County 812-883-7523

This office works in conjunction with the Indiana Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above about application information.

Hoosier Hills PACT **Crisis Line** 888-883-1959
35 Public Square812-883-1959
Salem, IN 47167

Domestic violence crisis telephone lines 24-hours a day/7 days a week. Provide programs that encourage offenders to take responsibility for their actions,

involves the victim in the criminal justice process, addresses community needs, works for community safety, and provides cost-effective alternatives to incarceration. They have advocates available to assist victims of domestic violence. Hoosier Hills PACT in Salem offers a domestic violence shelter with hospital/legal advocacy and support groups.

Indiana Department of Child Services (DCS)
 Region 18—Washington County 812-883-4305
 711 Anson Street, Suite 103.....(Hotline)800-800-5556
 Salem, IN 47167

The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)
Child Abuse and Neglect Hotline..... 800-800-5556
All calls must go through the above number.
Do not call the local office or the police department to report child abuse or neglect.
Child Support Hotline 800-840-8757

LifeSpring Mental Health Service
 1321 Jackson Street **Crisis Line** 800-456-2117
 Salem, IN 47167 812-883-3095
 LifeSpring provides a comprehensive array of mental health services: education, prevention, information, assessment, intervention, and treatment. Their goal is to provide the least restrictive, most supportive services, appropriate to each participant’s needs.

EMERGENCY911

St. Vincent Salem Hospital 812-883-5881
 Ambulance 812-883-2921
 Pekin Town Marshall.....812-967-3271
 Salem Police Department 812-883-5100
 Sheriff’s Department 812-883-5999

SERENITY NOW
Psychiatric & Counseling Services
2125 16th Street-Bedford, IN 47421
(812) 275-4053

EMPLOYMENT AND TRAINING

American Red Cross 800-733-2767
 404 E Main Street 812-265-3818
 Madison, IN 47250

Disaster relief and community disaster education, health and safety services, armed forces emergency services, blood services, and community services (pet therapy) are provided by volunteers of the organization.

National Able Network, Inc......317-396-7800
 3737 N. Meridian Street, Suite 409
 Indianapolis, IN 46208

Advocacy agency to provide employment and training opportunities for workers aged 55 and older. Able serves job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

Salem Express (WorkOne).....812-620-6780
 911 N. Shelby Street
 Salem, IN 47167

Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

Washington County SOAR (Success & Opportunity At Reading) Adult and Family Literacy
 212 N. Main Street 812-883-5600
 Salem, IN 47167

They offer an adult literacy program. This program is FREE to adults who have not acquired basic reading and survival skills. Confidential one-to-one tutoring provided within a supportive environment. It gives adults a chance to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at:

www.washingtoncountysoar.org

**FOOD, CLOTHING, RENT,
 UTILITIES, HOUSEHOLD, ETC.**

Congregate Meal Sites:

Hardinsburg Senior Citizens Center 812-472-9059
 183 W. Cheshire Lane, Hardinsburg, IN 47125

Pekin Senior Citizens Center 812-967-4500
 422 E. Poplar Street, Pekin, IN 47165

Salem Senior Citizens Center 812-883-4986
 1705 N. Shelby Street, Salem, IN 47167

These senior citizens centers provide noon lunches to persons age 60 and over on a donation basis for the senior citizen and his or her spouse.

Dare to Care Food Bank 502-966-3821
5803 Fern Valley Road
Louisville, KY 40228

Their Mobile Pantry arrives every 3rd Saturday at the Washington County Fairgrounds in Salem at 10 a.m. (They serve Washington and Orange county residents.) Their Mobile Food Pantry also arrives the 1st Thursday of each month at the Haleysburg Nazarene Church, in Vallonia, Indiana at 2 p.m. (They serve Washington and Jackson county residents.) No phone call needed. Just show up at the site on distribution day.

God's Place Ministries, Inc...... 812-755-4449
8073 State Road 37S
Bedford, IN 47421

God's Place Ministries, Inc. was begun in 2006 to provide free food, clothing and household items to individuals and families in need. Food Pantry is open Wednesday; 2 p.m. to 5 p.m. and Friday (closed Fridays in winter); 11 a.m. to 2 p.m. The Quarter Store (everything is 25 cents except furniture/appliances which are very inexpensive) is open Wednesday through Saturday (if weather is above 32 degrees) from 11 a.m. to 5 p.m. Donations accepted.

Hoosier Uplands Energy Assistance Program
902 S. Aspen Drive 800-487-8890
Salem, IN 47167..... 812-883-5368
Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines.

Older Americans Services Corporation
1901 S. Orleans Way..... 800-258-8786
PO Box 206 812-865-3352
Orleans, IN 47452
Home delivered meals provided to senior citizens aged 60 and over through Hoosier Uplands case management or private pay. Noon meals are available at the senior centers.

Partnership for Prescription Assistance..888-477-2669
The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medicines they need for free or nearly free. They will help you find the program that's right for you—FREE OF CHARGE. Remember, you will never be asked for money by a PPA Call Center representative, or on the website. Visit online at: **www.pparx.org**



Salvation Army 812-944-1018
2300 Green Valley Road
New Albany, IN 47150

The Salvation Army meets the humanitarian needs of people in need, guiding them to physical, mental, and spiritual betterment. Social Service programs provide emergency financial assistance such as rent/mortgage assistance, utilities (water/heat), food, clothing, transportation, and other basic and unique needs to families or individuals in crisis.

Washington Co. Division of Family Resources
1101 Jim Day Road, Suite 109..... 800-403-0864
Salem, IN 47167

Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary services provided—State Programs: Room and Board Assistance, Children's Special Healthcare Need Services, and the Qualified Medicare Beneficiaries (QMB) for Medicare Part B. Can apply at the number listed above or online at: **www.in.gov/fssa**

Washington County Food Bank, Inc.
102 E. Poplar Street..... 812-883-2655
Salem, IN 47167
Provides a 3-4 day supply of food only one time each month. Must meet their income guidelines.

TOWNSHIP TRUSTEES

Brown 812-755-4167
Franklin..... 812-883-4746
Gibson..... 812-752-3635
Howard 812-755-4438
Jackson..... 812-404-6184
Jefferson..... 812-883-6786
Madison 812-755-4989
Monroe..... 812-883-6432
Pierce 812-967-4190
Polk 812-967-4036
Posey 812-472-3563
Vernon 812-755-4655
Washington..... 812-883-1315

When monetary funds are available, they will provide emergency financial assistance for expenses such as rent, utilities, burial, etc. Call your Township Trustee to see if you qualify for help.

HANDICAPPED SERVICES

ADA—Indiana 800-825-4733
1905 N Range Road 812-855-6508
Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Blue River Services, Inc. 812-738-3198
405 N. Capitol Avenue
Corydon, IN 47112

Provides a full range of developmental instruction for children and adults with vocation, job placement, and sheltered employment, as well as supervised group living and alternative families for adults. In-home services are also available.

Bosma Enterprises 866-602-6762
8020 Zionsville Road 317-684-0600
Indianapolis, IN 46268

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals. They also provide in-home training services and equipment.

Children's Special Health Care Services
Indiana State Department of Health 800-475-1355
2 N. Meridian Street, Suite 5C 317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe/chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Division of Disability & Rehabilitative Services
P.O. Box 7083 800-545-7763
402 W. Washington,
Indianapolis, IN 46207

The DDRS's mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Child Development Disabilities Services, Bureau of Rehabilitative Services, Bureau of Quality Improvement Services, Disability Determination Bureau, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Institute on Disability and Community
1905 N. Range Road 800-825-4733
Bloomington, IN 47408 812-855-6508
Information and referral, as well as training and technical assistance on a wide variety of disability issues.

Indiana Protection and Advocacy Services
4701 N. Keystone, Suite 222 800-622-4845
Indianapolis, IN 4620 317-722-5555..Press 0
IPAS is a congressionally mandated, legally based disability rights agency. Their mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Resouce Center for Autism 800-825-4733
1905 N. Range Road
Bloomington, IN 47408
Provides information, training, and consultations for communities, organizations, and families across the autism spectrum.

**Southern Indiana Center for Independent Living
(The Solution Center)**
1494 W. Main Street 800-845-6914
Mitchell, IN 47446 812-277-9626
SICIL works with all significant types of disabilities, and all ages. They also offer information and referral, independent living skills, peer counseling, and advocacy (ombudsman) with no fee. They promote a variety of outreach activities and promote programs regarding education, recreation, transportation, and housing for those with disabilities.

Stephensons Disability Services 800-642-1339
204 Pearl Street, Suite 200 812-945-2770
New Albany, IN 47150
As a private company, they offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library 800-622-4970
140 N. Senate Avenue 317-232-3684
Indianapolis, IN 46204
The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

Vocational Rehabilitation Services 877-847-9896
511 E. 4th Street, Suite 200 812-683-2183
Huntingburg, IN 47542
Designed to increase employability of physically and mentally handicapped adults through counseling,

medical service prosthetic devices, education, vocational training, and more.

Williams Bros. Health Care Pharmacy

889 N. Gospel Street 800-487-3907
Paoli, IN 47454 812-723-3907
Services Include: Pharmacy, DME (Durable Medical Equipment), IV, RT (Respiratory Therapy), OTC (Over the Counter Medication), and O2 (oxygen).
Visit online at: www.wbhcp.com

breast-feeding pumps, and linens. Call the number above to see if formula and diapers are available.

Epilepsy Foundation Indiana 317-876-0600
3901 W. 86th Street, Suite 380 800-526-6618
Indianapolis, IN 46268

The Epilepsy Foundation of Indiana will ensure that people with seizures are able to participate in all life experiences and will prevent, control, and cure epilepsy through services, education, advocacy, and research.

EyeCare America *Helpline* 877-887-6327
Foundation of American Academy of Ophthalmology
P.O. Box 42909
San Francisco, CA 94142

Their public service programs provide eye care services to the medically underserved low-income U.S. citizens and legal residents within the Continental U.S who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. NOTE: These programs do not pay for eyeglasses, hospitalizations, or surgeries. Visit online at: www.eyecareamerica.org

HEALTH SERVICES

American Cancer Society *Helpline* 800-227-2345
6301 Old Boonville Highway, Suite B 800-543-5245
Evansville, IN 47715 812-475-9244
American Cancer Society is a nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Heart Association 800-242-8721
Education material, films, community service programs, and cookbooks. Visit online: www.heart.org

American Lung Association of Indiana *Helpline*
115 W. Washington Street, Ste 1180S 800-586-4872
Indianapolis, IN 46204 317-819-1181
Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Bridgepointe Services Children's Academy
1329 Applegate Lane 800-660-3355
Clarksville, IN 47129 812-207-2312
They provide pediatric therapy services for anyone under 18 years of age. Pediatric therapy includes: physical therapy, occupational therapy, speech therapy, and psychological services. They have an Autism and Special Needs Resource Center for parents, caregivers, and professionals.

C.A.R.E. Pregnancy Help Center 812-883-2675
607 W. Market Street
Salem, IN 47167
Provides free pregnancy testing, abstinence counseling, and have various items available pertaining to pregnant women and infants such as maternity and baby clothes,

Healthy Indiana Plan 877-438-4479
HIP is an affordable health insurance program for uninsured adult Hoosiers between the ages of 19-64. The program is sponsored by the State and only requires minimal monthly contributions from the participant. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, and diagnostic exams. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, social services, and home health aide services will be delivered to appropriate persons in need of care in their home under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org



Hoosier Uplands Hospice..... 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

www.hoosieruplands.org

Indiana State Department of Health

2 N. Meridian Street 317-233-1325
Indianapolis, IN 46204

ISDH supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health..... 317-233-7685

Office of Women’s Health 317-233-9156

Environmental Public Health Dept. 317-233-7811

For all other areas of information, call the number listed above or visit online at: **www.state.in.us/isdh**

IU Health Paoli Hospital..... 800-999-4420

642 W. Hospital Road 812-723-2811
Paoli, IN 47454

Specializing in rural community-based services, they provide the following: Ambulance Service, Community Health, Cancer/Rehabilitation/Surgical Services, Emergency Services, Primary Care, Visiting Specialist Services, and Women/Children’s Services. Visit online at: **www.iuhealthpaoli.org**

Limbs for Life Foundation 888-235-5462

9604 N. May Avenue 405-843-5174
Oklahoma City, OK 73104

A non-profit organization that provides prosthetic limbs for amputees who can’t afford them in the U.S. Must meet their eligibility requirements.

National Kidney Foundation of IN 800-382-9971

911 E. 86th Street, Suite 100..... 317-722-5640
Indianapolis, IN 46240

Limited financial aid for renal and transplant patients, medical alert bracelets, and education.

Prevent Blindness Indiana800-232-2551
211 W Wacker Drive, Suite 17.....317-815-7943
Chicago, IL 60606

The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear or other resources. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. May be able to find resources for surgery. Visit online at: **www.pbeye.org**.

Living Well (The Solution Center)

1490 W. Main Street.....877-849-6001
Mitchell, IN 47446.....812-849-6000

They offer in-home services such as attendant care, homemaker, and respite.

Serenity Now.....812-275-4053

2125 16th Street
Bedford, IN 47421

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

St. Vincent Salem Hospital.....812-883-5881

911 N. Shelby Street
Salem, IN 47167

Through the support and commitment from physicians and medical staff, St. Vincent Salem Hospital provides a wide range of healthcare services to the local community. They also have a variety of primary care specialists and physicians to serve the care of the community. Visit online at: **www.stvincent.org**

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street888-878-6889
Indianapolis, IN 46202.....317-554-0000

VA Medical Center—Rex Robley800-376-8387

800 Zorn Avenue502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don’t have one, you can request a copy from the VA.

Washington Co. Tobacco Prevention and Cessation Coalition (Hoosier Hills PACT).....812-883-3318
Tobacco Quitline.....800-QUIT-NOW

35 N. Public Square
 Salem, IN 47167

Broad-based community program offering tobacco prevention/cessation services including community education, Indiana Tobacco Quitline, and tobacco-free policy development/special events.

Washington County Health Department
 806 Martinsburg, Suite 100.....812-883-2349
 Salem, IN 47167

Public health nursing includes childhood immunizations, TB testing, communicable disease follow-up, child health information, and adult travel vaccinations. They also provides tobacco cessation services by appointment only.

vouchers. Any age welcome; offers 1 and 2 bedroom apartments. One handicap accessible unit available.

Sycamore Hills.....812-883-1458
 505 Florence Street
 Salem, IN 47167

Must be 18 years or older, handicapped, or disabled. Section 8 housing vouchers accepted. Apartments are energy efficient.

Taylor Apartments.....812-755-4010
 133 W. State Road 60
 Campbellsburg, IN 47108

All ages welcome. Section 8 housing is available. Apartments are energy efficient.

USDA Rural Development812-346-3411
 2600 N. Highway 7
 North Vernon, IN 47265

Home Improvement Loans and Grants: enable very low-income rural homeowners to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Housing Preservation Grants: help very low-income homeowners repair and rehabilitate their homes. For more information on other grants and loans that are available, call or visit online at: www.rurdev.usda.gov

HOUSING

Aspen Meadows.....812-896-1543
 1017 Aspen Drive
 Salem, IN 47167

All ages welcome; Section 8 housing available. Apartments are energy efficient.

Hoosier Uplands Housing Counseling..800-827-2219
 500 W. Main Street812-849-4447
 Mitchell, IN 47446

Counseling provides free information for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency. Section 8 program helps low-income families acquire and pay for rental housing. Landlord Lists are also available. Visit online at: www.hoosieruplands.org

Maple Leaf Apartments.....812-883-1569
 804 W. Market Street
 Salem, IN 47167

Must be 18 years or older, handicapped, or disabled. Accepts Section 8 vouchers.

New Horizon Apartments.....812-883-3306
 905 Aspen Drive, Suite 105
 Salem, IN 47167

All ages welcome. Section 8 housing is available. Apartments are energy efficient.

Parkview Apartments.....812-883-1633
 817 Parkview Drive
 Salem, IN 47167

Some subsidizing available, plus Section 8 housing

LEGAL SERVICES

Hoosier Uplands Area XV Agency on Aging
 521 W. Main Street800-333-2451
 Mitchell, IN 47446812-849-4457

Our “Legal Referral Program” provides free legal services through our attorney to persons age 60 and over for civil matters only that do not require litigation. Legal services include preparation of documents for Will, Living Will, Power of Attorney (POA), and Health Power of Attorney (HPOA). Other legal documents by the attorney such as a “letter to creditors” or having a “name changed on a deed” are subject to approval during referral. Program is subject to yearly funding.

Indiana Legal Services.....800-892-2776
 3303 Plaza Drive, Suite 5.....812-945-4123
 New Albany, IN 47150

Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, consumer law, bankruptcy, etc. Free services are

available to low-income persons who are at or below 200% of the poverty guidelines.

Office of the Indiana Attorney General

Indiana Government Center South 317-232-6201
302 W. Washington Street
Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit 800-382-5516

Medicaid Fraud Control Unit 800-382-1039

Patient Abuse & Neglect Program 800-382-1039

Victim Assistance Division 800-258-0993

For other areas of information, call the Attorney General's Office or visit online at: www.in.gov/attorneygeneral

of Attorney, and Health Power of Attorney; **Special Events**—Senior Events, Health Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Indiana Medicare Quality Improvement Organization

5700 Lumbaro Drive, Ste. 100 812-234-1499
Seven Hills, Ohio 44131

They provide general Medicare and hospital care information and take quality of care complaints.

Older Americans Services Corp 812-865-3352

P.O. Box 206, 1901 S. Orleans Way
Orleans, IN 47452

Provides noon meals at senior centers; home delivered meals; transportation; homemaker services; attendant care; periodic travel; and sightseeing trips for senior citizens.

OLDER ADULT

Adult Protective Services **Hotline** 800-992-6978
806 Martinsburg Road, Suite 202 812-883-5988
Salem, IN 47167

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

Duke Energy 800-521-2232
P.O. Box 1326 **Electric Trouble** 800-343-3525
Charlotte, NC 28201

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC) State Health Insurance Program (SHIP), and The Angel Foundation; **Case Management Assistance**—Long Term Support Options Counseling, In-Home Services; **Legal Services**—Preparation of documents for Will, Living Will, Power

SENIOR CENTERS

Hardinsburg Senior Citizens Center

183 W. Cheshire Lane 812-472-9059
Hardinsburg, IN 47125

Pekin Senior Citizens Center

422 E. Poplar Street 812-967-4500
Pekin, IN 47165

Salem Senior Citizens Center 812-883-4986

1705 N. Shelby Street
Salem, IN 47167

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Southern Indiana Center for Independent Living Ombudsman Services (*The Solution Center*)

1494 W Main Street 800-845-6914
Mitchell, IN 47446 812-277-9626

Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients' rights.

Washington County SOAR (Success and Opportunity at Reading) Adult and Family Literacy

212 N Main Street 812-883-5600

Salem, IN 47167

They are offering an adult literacy program. This program is FREE to adults who have not acquired basic

reading and survival skills. Confidential one-to-one tutoring within a supportive environment. A chance for adults to gain increased confidence and independence by mastering skills necessary for everyday life. Visit online at: www.washingtoncountysoar.org

Veterans Affairs Office.....812-883-2063
 99 Public Square, Suite #2
 Salem, IN 47167
 Provides information about and assistance with pensions, compensation, education, VA forms, and Information regarding hospitals and nursing home for veterans and their spouses.

RECREATIONAL/CULTURAL

Older Americans Services Corporation
 P.O. Box 206 812-865-3352
 1901 S Orleans Way
 Orleans, IN 47452
 Older Americans organizes sightseeing trips for senior citizens. Usually coordinated with the Senior Citizen Centers.

Salem-Washington Township Public Library
 212 N Main Street.....812-883-5600
 Salem, IN 47167
 Offers patrons over 35,000 items, including print and audio books; DVS's and videos; music CDs; and more. They also offer public-use computers; varied and interesting programs for youth and adults; meeting rooms and one auditorium available for rent to community groups; monthly displays from local and regional artists; and an impressive permanent art collection.

Talking Book and Braille Library 800-622-4970
 140 N. Senate Avenue..... 317-232-3684
 Indianapolis, IN 46204
 The TBBL provides digital audio books, large print books, and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

Washington County Extension Service
 806 Martinsburg Road, Suite 104..... 812-883-4601
 Salem, IN 47167
 4-H provides learning experiences and develops talents, skills, and leadership abilities. Educational Information Program provides information for agriculture and community development planning and issues. Homemakers Clubs provide a variety of educational

and learning experiences for adults. They also have Consumer and Family Science Programs. Visit online at: www.extension.purdue.edu/washington

SUPPORT SERVICES

Aging and Disability Resource Center Information and Referral..... 800-333-2451
 Hoosier Uplands.....812-849-4457
 512 W. Main Street
 Mitchell, IN 47446

For a support group not listed in this resource guide, call **Hoosier Uplands I&R** for help in locating the support group you need—in or near your home town.

American Cancer Society*Helpline* 800-227-2345
 5250 Vogel Road812-475-9486
 Evansville, IN 47715

The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Red Cross800-733-2767
 404 E Main Street812-265-3818
 Madison, IN 47250

Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members; disaster assistance, one-family or community; blood drives; health and safety classes, including CPR and first aid.

Bureau of Developmental Disabilities Services (BDDS)
 1452 Vaxter Street877-218-3529
 Clarksville, IN 47129.....812-283-1040

The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities. Visit online at: www.in.gov/fssa/ddrs/2639.htm

CancerCare.....800-813-4673
 275 Seventh Avenue, 22nd Floor.....212-712-8400
 New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical and emotional challenges of cancer. Visit online at: www.cancercare.org

Hoosier Uplands/Area 15 Agency on Aging

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

Aging and Disability Services—Aging and Disability Resource Center (ADRC), State Health Insurance Program (SHIP), and The Angel Foundation

Case Management Assistance—As advocates, they monitor their clients in-home services and assist them with meeting other needs to make sure they live in a safe home environment; **Legal Services**—Preparation of documents for Will, Living Will, Power of Attorney, and Health Power of Attorney; **Options Counseling**—point of entry for referrals for in-home services under the Aged and Disabled Waiver, Choice, Social Services Block Grant, or Title III programs. **Special Events**—Senior Events, Health Fun Fair, and 4-H Fairs. Visit online at: www.hoosieruplands.org

Hoosier Uplands Budget Counseling

500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447

The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your budget. They will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Provides supportive care for the terminally ill and their families, primarily in the home. Physical care provided by skilled nurses helps control pain and symptoms affecting the quality of life for those facing incurable illness. Hospice aides help patients with their personal care needs. Social Services help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at:

www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling

500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447

Hoosier Uplands Housing Counseling provides information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Services are free. Call for appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation

521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457

The mission of **The Angel Foundation** is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of **The Angel Foundation** is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Serenity Now 812-275-4053
2125 16th Street
Bedford, IN 47421

Psychiatric and Counseling Services.

Serenity Now provides individual, couples, family, and marriage counseling in a warm and welcoming environment that is safe and comfortable for both adults and children. They accept most insurance policies and is fully accessible.

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-554-0000

VA Medical Center—Rex Robley 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.



When you meet a Veteran, thank them for serving our country.

*Hoosier Uplands Economic Development Corporation
“People Helping People”*

TRANSPORTATION

Baker Transportation DBA P&I Medical Transport

407 N Main Street..... 812-883-4307
Salem, IN 47167..... 877-883-4307

Accepts Medicaid/Private Insurance for Medical Transportation, Ambulatory, Cash Cab, and Workers Comp Insurance Transportation. Call for availability.

Indiana Department of Veterans Affairs

1481 W. 10th Street, Room A-1174.... 317-988-2472
Indianapolis, IN 46202

Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Older Americans Services Corporation

P.O. Box 206-1901 S. Orleans Way 812-865-3352
Orleans, IN 47452

Provides transportation to seniors age 60 and over for medical trips and shopping. Wheelchair lift van available to transport disabled seniors and Medicaid authorized handicapped individuals. Accepts Medicaid, private pay, or contract funding.

Orange County Transit Services 888-826-2920

986 W. Hospital Road..... 812-723-4043
Paoli, IN 47454

Medicaid transportation is provided for appointments in Orange and surrounding counties. Payments through Medicaid, cash or check are accepted. The transit office phone line is open Monday through Friday 5:00 a.m. to 5:00 p.m. If you call after hours, you may leave a message. Please call at least 24 hours in advance to schedule your trip. If you cannot call a day ahead, they will make every effort to accommodate your need.

Southern Indiana Transit System 866-738-1681

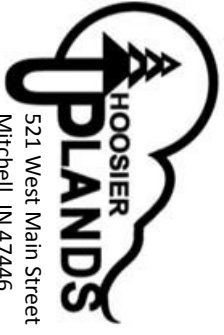
3141 Progress Boulevard..... 812-738-1681
Corydon, IN 47112

Southern Indiana Transit System (SITS) will provide safe, effective, and reliable transportation for all residents within our service area. SITS will prioritize its services for people with disabilities, medical needs, elderly, low-income, and others facing transportation barriers, as well as the general public. Fares are based on your destination. Destinations outside the “service area” will be charged a higher fare. Please call in advance to find out what your fare will be. Fares will be collected prior to departure. Must have exact change or check made out to Blue River Services, Inc.

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

| | |
|--|--------------|
| Acute Care Complaint Hotline | 800-227-6334 |
| Alzheimer’s Association..... | 800-272-3900 |
| Alcoholics Anonymous Hotline | 800-729-6686 |
| American Association of Retired Persons..... | 888-687-2277 |
| American Heart Association..... | 800-229-1503 |
| American Cancer Society Helpline | 800-227-2345 |
| American Diabetes Association..... | 800-342-2383 |
| Centers for Disease Control Info Line..... | 800-232-4636 |
| Childhelp National Child Abuse Hotline | 800-422-4453 |
| Consumer Protection Division..... | 800-382-5516 |
| Disability Determination Bureau..... | 800-622-4968 |
| Eldercare Locator (nationwide)..... | 800-677-1116 |
| Family & Social Services Administration.... | 800-403-0864 |
| Federal Information Center..... | 800-688-9889 |
| Habitat for Humanity International | 800-422-4828 |
| Healthy Indiana Plan | 877-438-4479 |
| Indiana Department of Veterans Affairs | 800-400-4520 |
| Indiana Family Helpline..... | 800-433-0746 |
| Indiana Poison Center | 800-222-1222 |
| Indiana Resource Center for Autism..... | 800-825-4733 |
| Medicare..... | 800-633-4227 |
| National Center for Missing or Exploited Children | 800-843-5678 |
| National Kidney Foundation of Indiana..... | 800-382-9971 |
| National Runaway Switchboard..... | 800-621-4000 |
| Office of the Long Term Care Ombudsman..... | 800-622-4484 |
| Social Security Administration..... | 800-772-1213 |
| State of Indiana Adult Protective Services..... | 800-992-6978 |
| State of Indiana Government Information | 800-457-8283 |
| U.S. Department of Veterans Affairs Regional Office..... | 800-827-1000 |
| U.S. Veteran’s Administration Medical Centers Richard L. Roudebush | 888-878-6889 |
| Indianapolis, IN 46202 Rex Robley | 800-376-8387 |
| Louisville, KY 40206 | |





521 West Main Street
Mitchell, IN 47446