

FOLLOWING THE RULES TO STAY AMUSED
BY: Melissa Jeremiah, RN, Director of Operations
Hoosier Uplands Home Health and Hospice

With many amusement parks within driving distance many Hoosiers will be heading to one or more this summer. The majority of injuries occurring at amusement parks are due to persons not following the rules set by the park to ensure their safety. So lets keep ourselves and our kids safe and enjoy a day or weekend of fun.

Rules are there for the safety of the visitors. Read the rules set for each ride; which include not riding if you do not meet height and weight restrictions, or if you have certain medical conditions.

If your child does not meet the height and weight limits set do not let them ride; explain to them why they cannot ride and don't make it out to be a negative.

You know your child better than anyone; so if you feel the ride may be too scary for your child, keep them off the ride.

If something seems off with the ride report this; and do not get on the ride. If you are already seated; let the ride attendant know that you would like to get off before the ride begins. This could include things such as a lap bar that does not latch properly.

Once you have decided to ride make sure and follow any verbal instructions given; which include keeping hand and feet inside the ride, hang onto the handles, slide down feet first, do not have candy or gum in your mouth, ensure your seatbelt or other safety device is fully latched and secure all items carried onto the ride.

Stay hydrated in the park and wear sunscreen.

Designate a meeting spot in the event you are separated from your group. Small children may not remember the meet up point. Teach them to identify a park employee who can assist them.

Hope your summer is filled with amusement.