

COMMUNITY RESOURCE GUIDE

FOR

MARTIN COUNTY



Sponsored by:
HOOSIER UPLANDS
HOME HEALTH AND HOSPICE

This resource guide was developed
for the benefit of all:

Martin County Residents

We do not claim to have listed all services
available to the community, but hope to have listed
programs which will meet your
most immediate needs.

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The AgrAbility program serves farm families affected by
disability through education and assistance. This free
program is funded by the USDA. It’s about HOPE.
Contact: Hoosier Uplands, 500 W Main, Mitchell, IN 47446
or call (800) 827-2219 or (812) 849-4447 Visit the website
at: www.agrability.org or www.breakingnewground.info



The State Health Insurance Assistance Program (SHIP)
is a free and unbiased counseling program provided by
the Indiana Department of Insurance for Medicare
beneficiaries in Indiana. It is a non-profit organization
designed to provide an unbiased place for seniors and
pre-retirees to find answers to their health insurance
questions. All of their services are free. Contact the
central office at this number—800-452-4800—to find
the nearest SHIP Counselor in your area.

INFORMATION & REFERRAL

HOOSIER UPLANDS OFFICES

Main Office

500 W. Main Street
Mitchell, IN 47446
812-849-4447
800-827-2219

Shoals Office

Federal Building
2nd & Main Street
P.O. Box 368
Shoals, IN 47581
812-247-3303

Aging & Community Services Offices

521 W. Main Street
Mitchell, IN 47446
812-849-4457
800-333-2451

Hoosier Uplands Area Agency on Aging & Community Services

521 W. Main Street800-333-2451
Mitchell, IN 47446812-849-4457

Programs offered through Hoosier Uplands include:
Budget/Mortgage Counseling, Energy Assistance,
Home Health, Hospice, Section 8 Housing, The Angel
Foundation, and Weatherization. Visit online at:
www.hoosieruplands.org

Generations Area 13 Agency on Aging

1019 N. 4th Street, PO Box 314.....800-742-9002
Vincennes, IN 47591.....812-888-5880

Generations is part of a network of 16 area agencies on aging in Indiana and serves residents in *Martin, Daviess, Dubois, Greene, Knox and Pike counties.*

Generations provides services and information primarily to older adults and individuals with disabilities of all ages and their families and caregivers.

Programs include Options Counseling, SHIP (State Health Insurance Assistance Program), Meals on Wheels, Congregate Meals, Case Management, Caregiver Program, Angelworx, Ombudsman, Pre-Admission Screening, Retired Senior Volunteer Program, Reverse Mortgage Counseling, and Healthy Aging Programs. Call or visit the main office for more information. Visit online at:

www.generationsnetwork.org

Martin County Chamber of Commerce

210 N. Line Street, P.O. Box 257812-295-4093
Loogootee, IN 47553

They provide city maps and brochures, small business services, and information on tourism and area attractions. They also furnish information on recreational events and festivals. The Chamber sends informational packets to individuals wanting to move to or tour the area.

CHILDREN'S SERVICES

Children's Special Health Care Services

Indiana State Department of Health.....800-475-1355
2 N. Meridian Street, Suite 5C.....317-233-1351
Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Daviess-Martin Special Education Coop

9 W. Main Street, P.O. Box 637812-254-1530
Washington, IN 47501

They provide services to special needs children. Children ages 3-21 are in this program and must be in school to receive services.

4C of Southern Indiana, Inc......866-200-5909

600 S.E. 6th Street812-423-4008
Evansville, IN 47713

Maintains the CCDF program for those working or in school with income eligibility and needing childcare assistance. Must call to set up appointment time to meet at one of their outreach offices. Visit online at:

www.child-care.org

Hoosier Uplands
"People Helping People"

Four River Martin County 812-295-4494
500 N. Oak Street
Loogootee, IN 47553

Kids Stuff: A fun, developmental preschool available to all children ages 3-5. The preschool offers half-day classes from 2 to 4 days per week. The classrooms, located in Washington and Loogootee, are conducted by experienced licensed teachers with a maximum of 5 to 1 child to staff ratio.

First Steps; They also offer a various developmental services for children from birth to age 3 through the First Steps program. Their services include evaluations, developmental therapy, speech therapy, and service coordination in the home or other community settings. They work with Daviess-Martin County Special Education Cooperative, parents, professionals, and community organizations to support children with special educational needs.

Happy Hollow Children's Camp..... 812-988-4900
3049 Happy Hollow Road
Nashville, IN 47448

One week camp sessions at little or no cost for children ages 7-14 years from financially disadvantaged families that live in the United way of Central Indiana demographic area, foster children from the state of Indiana, and children with moderate to severe asthma from the state of Indiana.

Hoosier Healthwise Helpline 800-889-9949
Hoosier Healthwise is a health insurance program for Indiana children, pregnant women, and low-income families. Health care is provided at little or no cost to Indiana families enrolled in the program. Other health needs such as prescriptions, dental care, vision care, family planning services, and mental health services are also available as part of the Hoosier Healthwise program.

Hoosier Uplands Children's Services
Administrative Office..... 800-827-2219
500 W. Main Street 812-849-4447
Mitchell, IN 47446

Hoosier Uplands Children's Services offers opportunities and support for growth and change by providing a safe, healthy, nurturing environment where families, children, and staff members can realize their potential within the greater community.

Hoosier Uplands Head Start812-295-4700
401 S. Oak Street
Loogootee, IN 47553

Early Head Start offers child development services to pregnant mothers and families with infants and young children birth to age three. The home-based program supports children and their families through weekly home visits and group socialization activities held twice a month. The home visits provide individualized, comprehensive services to support and strengthen the relationships between infants, toddlers, and their parents. Families must meet income eligibility requirements.

Head Start is a family centered child development program for three and four year olds. Our comprehensive services provide opportunities that help children to develop school readiness skills and assist families in recognizing their role as their child's first and most important teacher. Nutritious meals are served daily. Transportation is provided where possible. The Loogootee Center offers single session and full day class options. Families must meet income eligibility requirements.

Martin County Women, Infants, and Children (WIC)812-247-3303
Federal Building
2nd & Main Street, P.O. Box 716
Shoals, IN 47581

WIC is a nutrition program, nationally recognized, as an effective means for improving access to nutritious foods and promoting healthier eating and lifestyles. Those who are eligible are: pregnant women, new moms (up to six months after delivery), infants, and children under the age of five. You must live in Indiana and meet income guidelines. Also provides breastfeeding support and education.

OLJMG Joint Services800-830-0085
1401 15th Street812-279-6651
Bedford, IN 47421

They serve special needs children ages 3-21 who need special education services as determined by the Department of Education guidelines. These services include evaluation, speech, physical, and occupational therapy. They serve children in Orleans in Orange County, Lawrence County, Part of Jackson County, part of Greene County, and Shoals in Martin County.

CRISIS SERVICES

Adult Protective Services *Hotline* 800-992-6978
201 E. Walnut..... 812-254-8681
Washington, IN 47501

This organization does investigation of reports of persons 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing or directing the management of their property, or providing or directing the provision of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery or exploitation of the individual's personal services or property.

American Red Cross 866-599-9951
2119 29th Street 812-275-5162
Bedford, IN 47421

Notification to active duty military personnel of death, serious illness or circumstance of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.redcross.in/bedford.org

Crisis Connection *Crisis Line* 800-245-4580
1500 S. Meridian Road, P.O. Box 903 812-482-1555
Jasper, IN 47546

Assists abused women and their children with safe lodging. Provides support groups for women and children; New Babes and Natural Helpers Program; education of domestic abuse to schools; and information on legal and financial options. Legal and emergency room advocacy and transportation are available. Visit online at:

www.crisisconnectioninc.org

**Federal Emergency Management Agency
Disaster Assistance** 800-621-3362

Works in conjunction with Homeland Security. Individuals and small business owners who suffer damages may be eligible for assistance from: The Federal Emergency Management Agency (FEMA), other federal agencies, the Small Business Administration (SBA), and voluntary agencies. The assistance programs are available to those designated as disaster areas. Call the number above to apply for disaster assistance.

Indiana Department of Child Services (DCS)

Region 17—Martin County 812-247-2871
609 Ravine Street
Shoals, IN 47581

The mission of the department is to protect children from abuse and neglect by partnering with families and communities to provide safe, nurturing, and stable homes. The department administers child support, child protection, adoption and foster care throughout the state of Indiana. Visit online at: www.in.gov/dcs

Indiana Department of Child Services (DCS)

Child Abuse and Neglect Hotline **800-800-5556**

All calls must go through the above number.

Do not call the local office or the police department to report child abuse or neglect.

Child Support Hotline **800-840-8757**

Middle Way House *Crisis Line* 812-336-0846
210 N. Line Street 812-295-2993
Loogootee, IN 47553

Emergency shelter for women and children who are victims of sexual assault, domestic violence, or who feel they are in danger. They provide a *24-hour crisis line*, legal advocacy, crisis intervention, support groups, and transitional housing.

EMERGENCY **911**

Hospitals:

IU Health Bedford Hospital 800-755-3734
IU Health Paoli Hospital 800-999-4420
Daviess Community Hospital 812-254-2760
Good Samaritan Hospital 812-882-5220
Memorial Hospital 812-996-2345
St. Vincent Dunn Hospital 812-275-3331



Martin Co. Ambulance Services:
Loogootee..... 812-295-5000

Martin County Fire Departments:
Loogootee..... 812-295-2246
Shoals..... 812-247-3726
Crane..... Call Loogootee 812-295-2246

Police/Sheriff Departments:
Crane Village Police Department..... 812-247-3726
Loogootee Police Department..... 812-295-2246
Martin County Sheriff's Department 812-247-3726

EMPLOYMENT AND TRAINING

American Red Cross 866-599-9951
2119 29th Street 812-275-5162
Bedford, IN 47421

Classes offered: First Aid/CPR/AED; Lifeguarding and Swimming; Babysitting-online; Blood Borne Pathogens Training-online; Red Cross Volunteer Training Visit online at: www.redcross.in/bedford.org

Community Learning Center of Martin County
2664 US Highway 50..... 812-295-2674
Loogootee, IN 47553

College credit courses are offered from universities throughout the state, such as Ivy Tech Community College and Vincennes University. Complete degree programs, including the Associate of Science in Business and the Bachelor's Completion Program for Registered Nurses are also offered at the Learning Center by Indiana Wesleyan University. They also provide computer lab, satellite, and 2-way video technology for students taking distance education courses. Proctoring for distance students is also available upon request. They offer a variety of non-credit computer classes and/or classes for those who want to get their GED.

Four Rivers Resource Services 812-295-4494
500 N. Oak Street
Loogootee, IN 47553

Through their industrial division, they provide developmental, therapeutic, vocational, and residential services to individuals with developmental disabilities or other challenges. Includes job placement, employment services, and work evaluation.

IU Health Bedford Hospital 812-275-1335

Events & Classes
2900 W. 16th Street
Bedford, IN 47421

Throughout the year IU Health Bedford Hospital will hold classes and workshops for those interested in some form of health education. For a complete list of upcoming classes or workshops, visit online at: www.iuhealthbedford.org

National Able Network, Inc...... 800-669-8004
3737 N Meridian Street, Suite 409
Indianapolis, IN 46201

Originally founded as an advocacy agency to provide employment and training opportunities for older workers, Able has since expanded its scope to serve job seekers of every age, income, and skill level from entry-level workers to mid-level professionals.

The Society of St. Vincent DePaul
516 Park Street..... *Helpline* 812-295-9900
Loogootee, IN 47553

Educational Assistance Program is designed to assist low-income persons who wish to improve their situation through education and have exhausted all other assistance programs. Assistance is given in many forms: aid with transportation, fees, books, tuition, etc. Please call and leave a message.

WorkOne Loogootee Express 812-295-2722
123 Cooper Street
Loogootee, IN 47553

Updating job skills, job search, unemployment compensation, and referral to Indiana Career Connect.

FOOD, CLOTHING, RENT, UTILITIES, HOUSEHOLD, ETC.

Angel Food Ministries
Second Mt. Olive Baptist Church 812-787-1184
11153 E. State Road 58
Odon, IN 47562

Angel Food Ministries is an organization that provides food at a deep discounted price from retail value. Orders are usually taken the 2nd weekend of the month and then the order is picked up on the 4th weekend of the month. There are no qualifications, income restrictions, minimums, or applications. Accepts food stamp (EBT) cards, personal check, or cash. Visit online for menu of items available at:

Congregate Meal Sites:

Loogootee Senior Citizens Center

JFK Avenue..... 812-295-3130
Loogootee, IN 47553

Shoals Senior Citizens Center 812-247-2525

409 Courthouse Drive
Shoals, IN 47581

These senior citizens centers provide noon lunches to persons age 60 and over on a donation basis for the senior citizen and his or her spouse.

Hoosier Uplands Energy Assistance Program

Federal Building 812-247-3303
2nd & Main Street
Shoals, IN 47581

Financial assistance for heating in winter and cooling in summer is available through the Energy Assistance Program. Resident's income must meet at or below the Office of Management and Budget Poverty Guidelines.

Loogootee United Methodist Church

208 W. Main Street 812-295-3049
Loogootee, IN 47553

They provide a food pantry (open 11 a.m. to 1 p.m. every Thursday) for those in need. They are closed the 4th Thursday of each month.

Martin County Division of Family Resources

609 Ravine Street 812-247-2871
Shoals, IN 47581

Receives applications for Medicaid, Food Stamps (SNAP), and Temporary Assistance for Needy Families (TANF). Based on specific qualifications, emergency food stamps may be available within seven days from the date of application. Other households will receive notification of determination within thirty days from the date of application. Secondary services provided—State Programs: RBA, Children's Special Healthcare Need Services, and the QMB for Medicare Part B. Can apply at the number listed above or online at: www.in.gov/fssa



Martin County Women, Infants, and Children

(WIC) 812-247-3303

2nd & Main Street, P.O. Box 716
Shoals, IN 47581

WIC is a nutrition program, nationally recognized, as an effective means for improving access to nutritious foods and promoting healthier eating and lifestyles. Those who are eligible are: pregnant women, new moms (up to six months after delivery), infants, and children under the age of five. You must live in Indiana and meet income guidelines. Also provides breastfeeding support and education.

Partnership for Prescription Assistance

..... 888-477-2669

The Partnership for Prescription Assistance helps qualifying patients without prescription drug coverage to get the medicines they need at low cost. They will help you find the program that's right for you—FREE OF CHARGE. Remember, you will never be asked for money by a PPA Call Center representative, or on the website. Visit online at: www.pparx.org

The Society of St. Vincent DePaul

516 Park Street *Helpline* 812-295-9900
Loogootee, IN 47553

Assists with utility bills, rent, food, clothing, furniture, hospital equipment, and toy program at Christmas. If needing assistance, please call and leave message. The Food Pantry is open on the 4th Thursday of the month (November and December—3rd Thursday) from 8 a.m. to 12 Noon for Loogootee residents and from 1 p.m. to 4 p.m. for Shoals residents.

TOWNSHIP TRUSTEES

Center 812-388-6634
Halbert 812-247-2810
Lost River 812-247-3490
Mitchell Tree 812-388-6325
Perry 812-295-3237
Rutherford 812-644-7571

HANDICAPPED SERVICES

ADA—Indiana 800-825-4733

2853 E. Tenth Street 812-855-6508
Bloomington, IN 47408

The mission of the ADA-Indiana is to serve as a statewide resource for promoting the implementation of the Americans with Disabilities Act in Indiana.

Bosma Enterprises..... 812-401-0818
 734 W. Delaware, Suite 212
 Evansville, IN 47710

Bosma Enterprises is dedicated to empowering people who are blind or visually impaired by creating opportunities that lead to the achievement of each individual's employment, economic, social, and self-determination goals.

Children's Special Health Care Services
 Indiana State Department of Health 800-475-1355
 2 N. Meridian Street, Suite 5C.....317-233-1351
 Indianapolis, IN 46204

CSHCS provides supplemental medical coverage to help Indiana families of children age birth to 21 years who have severe, chronic medical conditions and who meet the program's financial and medical criteria, pay for treatment related to their child's condition.

Division of Disability & Rehabilitative Services
 P.O. Box 7083 800-545-7763
 402 W. Washington
 Indianapolis, IN 46207

The DDRS's mission is to facilitate effective partnerships which enhance the quality of life for the people they serve in the communities and pursuits of their choice. Programs: Deaf and Hard of Hearing Services, Blind and Visually Impaired Services, Bureau of Child Development Disabilities Services, Bureau of Rehabilitative Services, Bureau of Quality Improvement Services, Disability Determination Bureau, and First Steps. Visit online at: www.in.gov/fssa/ddrs

Indiana Protection and Advocacy Services
 4701 N. Keystone, Suite 222..... 800-622-4845
 Indianapolis, IN 46205 Ext. 460
 IPAS is a congressionally mandated, legally based disability rights agency. Their mission is to defend the human, legal, and civil rights of people with disabilities.

Indiana Vocational Rehabilitation Services
 511 E. 4th Street, Suite 200 877-847-9896
 Huntingburg, IN 47542.....812-683-2183
 Designed to increase employability of physically and mentally handicapped adults through counseling, medical service prosthetic devices, education, vocational training, and more.

RES-CARE Community Alternatives
 305 N.E. 3rd Street 812-295-2155
 Loogootee, IN 47553
 Group Home Living for adult males with training in

daily living skills necessary for independent living. Must be 18 years old or older with a diagnosed developmental disability or mental retardation.

Stephenson's Disability Services..... 800-642-1339
 204 Pearl Street, Suite 202..... 812-945-2770
 New Albany, IN 47250

As a private company, they offer representation to persons who are filing and/or appealing claims to receive disability benefits and supplemental security income payments through Social Security.

Talking Book and Braille Library..... 800-622-4970
 140 N. Senate Avenue 317-232-3684
 Indianapolis, IN 46204

The TBBL provides digital audio books, large print books and books in Braille to Indiana residents who are unable to read regular print because of a visual or a physical disability.

HEALTH SERVICES

American Cancer Society.....*Helpline* 800-227-2345
 5250 Vogel Road 800-543-5245
 Evansville, IN 47715 812-475-9486

The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy and service. Visit online at: www.cancer.org

American Lung Association of Indiana
Lung Helpline 800-586-4872
 115 W. Washington Street.....317-819-1181
 Suite 1180 South
 Indianapolis, IN 46204

Provides information on health issues such as COPD, asthma/allergies, lung cancer, indoor air quality, air cleaning devices, tuberculosis, air pollution, pulmonary fibrosis, pneumonia, and tobacco cessation. Visit online at: www.lungin.org

Bloomington VA Outpatient Clinic
 455 S. Landmark Avenue 877-683-0685
 Bloomington, IN 47403 812-336-5723
 Outpatient medical services and counseling are available. They will help with the application process for benefits and provide information about the services available through the Veteran's Administration.

CancerCare 800-813-4673
275 Seventh Avenue, 22 Floor 212-712-8400
New York, NY 10001

Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers who are especially trained in helping people with cancer cope with the educational, financial, practical, and emotional challenges of cancer. Visit online at: www.cancercare.org

Crowder's Healthcare Pharmacy 800-439-9007
631 16th Street 812-275-5949
Bedford, IN 47421

They are a ConvaCare franchise and provide hospital equipment, medical supplies, and oxygen equipment for the home. Free prescription delivery in Bedford, Oolitic, Mitchell and Orleans. Diabetic counseling; needle disposal service; and scooters, lift chairs, and wheelchairs are also available.

Daviess Community Hospital 812-254-2760
1314 E. Walnut Street
Washington, IN 47501

They are committed to improving the health of their community. They incorporate state-of-the-art procedures and equipment to care for their patients. An extensive offering of services and programs are available including: acute and cardiac rehabilitation; cardiopulmonary and sleep lab services; diabetes management; digital mammography; emergency services; hospice; laboratory; MRI and Pet Scans; nutrition services; obstetrics; occupational, speech, and rehabilitation therapies; oncology; radiology; same day surgery; transitions behavioral services; and the Women's Health Center.

Daviess-Martin Medical Clinic..... 812-295-5095
10546 E. US Highway 50
Loogootee, IN 474

Services include: Physical Exams, CDL Driver Physicals, Women's health care, Minor surgery, Infrared photo-coagulation procedure for internal hemorrhoids, Joint and trigger point injections, EKGs, Osteopathic manipulation treatments, Immunization, Laboratory services, X-ray services. New patients welcomed. Call the office to set up an appointment time.

EyeCare America *Helpline* 877-887-6327
Foundation of American Academy of Ophthalmology
P.O. Box 42909
San Francisco, CA 94142

Their public service programs provide eye care services to the medically uninsured low-income U.S. citizens and legal residents within the Continental U.S who cannot afford eye care and for those at increased risk for eye disease. They are committed to the preservation of sight, accomplishing its mission through public service and education. Programs available:

Senior EyeCare Program 800-222-3937
Glaucoma EyeCare Program..... 800-391-3937

To find out if you qualify for the program that relates to you, call the number listed above for the program or call the Helpline. NOTE: These programs do not pay for eyeglasses, hospitalizations, or surgeries. Visit online at: www.eyecareamerica.org

Good Samaritan Hospital..... 812-885-3336
520 S. 7th Street
Vincennes, IN 47591

Good Samaritan Hospital proudly offers patient-centered, progressive care to patients. A broad scope of services means they are able to meet the needs of many patients regardless of their illness or acuity level. From pain management to imaging to cardiac and cancer care, our talented, empathetic physicians and staff take pride in providing a high caliber of medical care and returning you to good health.

Healthy Indiana Plan 877-438-4479

HIP is for uninsured Hoosier adults between the ages of 19-64. Parents or caretaker relatives of children in the Hoosier Healthwise program are likely candidates for HIP. A pre-existing or high-risk medical condition has no effect on eligibility. HIP offers full health benefits including hospital services, mental health care, physician services, prescriptions, diagnostic exams and disease management. A minimum of \$500.00 in preventative services are free. Cost for plan is based on income. Visit online at: www.HIP.in.gov

Hoosier Uplands Home Health Care
500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447

Hoosier Uplands Home Health Care is committed to providing quality home health services to eligible persons in the counties they serve. Nursing services, physical and occupational therapy, speech language pathology, medical social services, and paraprofessional

services will be delivered to appropriate persons, in need of care in their home, under the direction of licensed professional personnel. Visit online at: www.hoosieruplands.org

Hoosier Uplands Hospice 812-827-2219
 500 W. Main Street 812-849-4447
 Mitchell, IN 47446

Hospice provides supportive care for the terminally ill and their families, primarily in the home. Physical care provide by skilled nurses helps control pain and symptoms affecting the quality of life for those facing an incurable illness. Hospice aides help patients with their personal care needs. Social workers help clients cope with social, emotional, and financial upheaval. A spiritual counselor is available to address spiritual needs and concerns. Volunteers offer support as “good neighbors” who are willing to sit with someone, run errands, or provide a listening ear. Bereavement services are provided to families at least 12 months following the death of their loved one. Visit online at: www.hoosieruplands.org

Indiana State Department of Health
 2 N. Meridian Street 317-233-1325
 Indianapolis, IN 46204

The Indiana State Department of Health supports Indiana’s economic prosperity and quality of life by promoting, protecting, and providing for the health of Hoosiers in their communities.

Office of Minority Health 317-233-7685
Office of Women’s Health 317-233-9156
Environmental Public Health Dept. 317-233-7177

For other areas of information, call the Indiana State Department of Health or visit online at: www.state.in.us/isdh

IU Health Bedford Hospital 800-755-3734
 2900 W. 16th Street 812-275-1200
 Bedford, IN 47421

Full service hospital with allergy/asthma, ambulance, cancer, cardiovascular, community health, diabetes, emergency, laboratory, occupational, orthopedics, primary care, radiology, rehabilitation, respiratory, sleep lab, surgical, and women’s services. Visit online at: www.iuhealth.org/bedford.org

Jip J. Yoon, M.D. 812-295-2380
 122 Church Street
 Loogootee, IN 47553
 Specializes in internal medicine.

Loogootee Family Medicine 812-295-2812
 105 Cooper Street
 Loogootee, IN 47553
 Family practice.

Martin County Health Center 812-247-2733
 229 High Street, PO Box 480
 Shoals, IN 47581
 Family practice. Sliding fee scale available.

Martin County Health Department 812-247-3303
 Federal Building
 2nd & Main Street, P.O. Box 368
 Shoals, IN 47581
 Weekly immunization Clinic for children and adults. TB testing and free blood pressure checks done very Wednesday. Birth and death certificates for person born in Martin County (a fee applies). Can provide educational information on a variety of health topics.

Loogootee Healthcare and Rehabilitation Center
 313 Poplar Street 812-295-4433
 Loogootee, IN 47553
 They provide inpatient and outpatient rehab services including physical, occupational, speech, and respiratory therapy. Other services available include an Adult Day Care Program, 24-hour Licensed Nursing Staff, and therapeutic diets. Medicare/medicaid certified facility.

Memorial Hospital and Health Care Center
 800 W. 9th Street 812-996-2345
 Jasper, IN 47546 800-852-7279
 Memorial Hospital and Health Care Center serves residents of nine rural counties in southwestern Indiana. Over the years many centers have been added including: Inpatient Rehab Center, Maternity Center, Memorial Counseling Center, Skilled Caring Center, Sleep Center, Urgent Care Center, Women’s Center, and the Wound Care Center. Some of the services MHHCC provide are: angina heart therapy, audiology, bariatric surgery, behavioral health, cardiopulmonary, critical care, heart and vascular, home health care, oncology, obstetrics/gynecology, pediatrics, radiology, rehabilitation, social work, and surgical services. For a complete listing of services, call Community Relations. Visit online at: www.mhhcc.org

National Kidney Foundation of IN 800-382-9971
 911 E. 86th Street, Suite 100
 Indianapolis, IN 46240
 Limited financial aid for renal and transplant patients, medical alert bracelets, and education.



Prevent Blindness Indiana 800-331-2020
211 W Wacker Drive, Suite 17
Chicago, IL 60606

The Gift of Vision program matches eye care professionals around the state with individuals who need and who cannot afford eye care. You must be low-income and uninsured to be eligible. Many eye care professionals are able to donate eyewear, but have resources available just in case. Most eye care professionals will provide follow-up care for those with more serious diseases or disorders. At times, they may be able to find resources for eligible clients for surgery. Visit online at:

www.preventblindness.org

Samaritan Center of Martin County
200 S. JFK Avenue 812-295-3090
Loogootee, IN 47553

They are in the Loogootee office Wednesday from 8 a.m. to 7 p.m. and Thursday from 8 a.m. to 5 p.m. They provide family counseling; in-home case management services; and group, individual, marital, and chemical dependency therapy. They also provide outpatient psychiatric evaluation and counseling services. Medical clinics, chemical dependency and drug classes available (after evaluation).

Southern Indiana Center for Independent Living
157 Teke Burton Drive 877-849-6001
Mitchell, IN 47446 812-849-6000
They offer in-home services such as attendant care, homemaker, and respite.

St. Vincent Dunn Hospital 812-275-3331
1600 23rd Street
Bedford, IN 47421

Hospital services include: Bone Health, Diabetes Care, Digestive Diseases (Gastroenterology), Emergency Medicine, Heart (Cardiovascular), Home Care, Immediate Care, Maternity (Obstetrics), Pastoral Care, Radiology, Rehabilitation Therapy, Respiratory Care, Surgery, Women's Services. Visit online at:

www.stvincent.org

VA Medical Center—Richard L. Roudebush

1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-544-0000

VA Medical Center—Rex Robley 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206

Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans. To receive health benefits you must have a copy of your DD214. If you don't have one, you can request a copy from the VA.

Urgent Care of Martin County 812-295-2955
104 Wood Street
Loogootee, IN 47553
Walk-in clinic

Williams Bros. Health Care Pharmacy
104 E. Broadway Street 812-295-4370
Loogootee, IN 47553

Services include: Pharmacy, durable medical equipment, respiratory therapy, infusion therapy, OTC medicines and oxygen. Visit online at: www.wbhcp.com

HOUSING

Country Place Apartments 812-295-4335
31 Redbud Street
Loogootee, IN 47553
Head of household must be 18 or older. One and two bedroom apartments available.

Hoosier Uplands/Housing Counselor
500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447
Hoosier Uplands Housing Counseling provides free Information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. Section 8 program helps low-income families acquire and pay for rental housing. Landlord List for the county is also available. Visit online at: www.hoosieruplands.org

Larkin Apartments 877-883-2226
103 Public Square
Loogootee, IN 47553
This is a gated structure with 2-bedroom apartments, courtyard, and playground. The building is a non-

smoking building and no pets will be allowed. The apartments have washer/dryer hookups, dishwashers, and are spacious. To qualify to live in these apartments, your income must meet guidelines set by the funding sources for the rehabilitation of the building. Rent levels include an utilities allowance and may vary according to additional individual qualification circumstances.

Shoals Senior Citizen Housing, Inc.

P.O. Box 172 812-863-7000
 Shoals, IN 47581 Ext. 7126

For senior citizens and disabled. Some rental assistance. All the apartments are one or two bedrooms.

Southwind Manor 812-295-9866

211 Cedar Street
 Loogootee, IN 47553

For low-income persons 62 and over, handicapped, or disabled. Some apartments especially designed for wheelchairs. Pets welcome.

Stonebridge of Shoals Apartments 812-247-2023

11708 Ironton Street, Apt. 2025
 Shoals, IN 47581

One and two bedroom apartments are available and two apartments are handicapped accessible. They have laundry facilities, play area for children, and allow pets.

USDA Rural Development 812-482-1171

1481 Executive Boulevard Ext 4
 Jasper, IN 47546

Loans and Grants-enable very low income rural homeowner to remove health and safety hazards from their homes and to make homes accessible for people with disabilities. Eligibility: Loans- very low-income homeowner; Grants- 62 years of age or older and very low-income homeowner.

LEGAL SERVICES

Indiana Legal Services 800-852-3477

214S College Avenue 812-339-7668
 Bloomington, IN 47404

Provides legal advice and representation for civil matters such as domestic problems, housing issues, Social Security, Medicaid, Medicare, family services, etc. Free services are available to low-income persons who are at or below 250% of the poverty guidelines.

Office of the Indiana Attorney General

Indiana Government Center South 317-232-6201
 302 W. Washington Street 5th Floor
 Indianapolis, IN 46204

The Attorney General helps to protect the rights, freedoms, and safety you enjoy as a citizen of our Hoosier state. Some of the offices serving citizens are:

ID Theft Unit 800-382-5516

Medicaid Fraud Control Unit 800-382-1039

Patient Abuse & Neglect Program 800-382-1039

Victim Assistance Division 800-258-0993

For other areas of information, call the Attorney General's Office or visit online at: www.in.gov/attorneygeneral

OLDER ADULT

Adult Protective Services *Hotline* 800-992-6978

201 E. Walnut 812-254-8681
 Washington, IN 47501

This organization investigates reports of persons age 18 and over who cannot make informed decisions due to mental illness, mental retardation, dementia, or other physical or mental incapacity. These victims are incapable of managing/directing the management of their property or providing/directing the provisions of self-care. These victims may be harmed or threatened with harm as a result of neglect, battery, or exploitation of the individual's personal services or property.

Duke Energy 800-521-2232

P.O. Box 1326 *Electric Trouble* 800-343-3525
 Charlotte, NC 28201

Special Assistance Programs include: Energy Assistance Program (EAP), Foreign Language Assistance, Braille Bills, Helping Hand, TDD/TTY, Large Print Bills, and Third-Party Notifications. Other special services include: Budget Billing and Adjusted Due Date. Visit online at: www.duke-energy.com

Generations Area 13 Agency on Aging

1019 N. 4th Street, PO Box 314 800-742-9002
 Vincennes, IN 47591 812-888-5880

Generations is part of a network of 16 area agencies on aging in Indiana and serves residents in Martin, Daviess, Dubois, Greene, Knox and Pike counties.

Generations provides services and information primarily to older adults and individuals with disabilities of all ages and their families and caregivers.

Programs include Options Counseling, SHIP (State Health Insurance Assistance Program), Meals on

Wheels, Congregate Meals, Case Management, Caregiver Program, Angelworx, Ombudsman, Pre-Admission Screening, Retired Senior Volunteer Program, and Healthy Aging Programs. Call or visit the main office for more information. Visit online at: www.generationsnetwork.org

IU Health Bedford Hospital..... 812-275-1200
 2900 W. 16th Street..... *Volunteers* 812-275-1363
 Bedford, IN 47421

Volunteers are an integral part at IU Health Bedford Hospital. It is not necessary for you to have worked in a hospital or volunteered in a healthcare setting before. You need only a passion to serve others, and a commitment to helping IU Health Bedford Hospital make each and every guest visit exceptional.

Indiana Medicare Quality Improvement Organization
 Healthcare Excel..... 812-234-1499
 2901 Ohio Boulevard, Suite 112
 Terre Haute, IN 47803

They provide general Medicare and hospital care information and take quality of care complaints.

Southern Indiana Center for Independent Living
 1494 W. Main Street 800-845-6914
 Mitchell, IN 47446 812-277-9626

Their Ombudsman Program investigates and attempts to resolve problems, through mediation, that individuals may have in a nursing home. They also give in-service training to the nursing home staff regarding patients' rights.

SENIOR CENTERS

Loogootee Senior Citizens Center
 JFK Avenue..... 812-295-3130
 Loogootee, IN 47553

Shoals Senior Citizens Center 812-247-2525
 409 Courthouse Drive
 Shoals, IN 47581

The centers are a place for seniors to gather to socialize and share a noon meal. Most centers have card games, bingo, birthday celebration dinners, church services, and shopping trips. Call a day in advance if you want a meal.

Social Security Administration 812-886-6881
 606 Veterans Drive.....800-772-1213
 Vincennes, IN 47591

Offers assistance and answers to questions regarding Social Security benefits, Medicare A and B enrollment, and SSI benefits.

Linda Evans Dillon-VA Svc. Officer812-247-2210
 PO Box 600
 Shoals, IN 47581

Offers assistance to veterans and their dependents with information about benefits and privileges to which they may be entitled to as administered by the Department of Veterans Affairs.

RECREAL/CULTURAL

Hoosier Uplands/Area 15 Senior Games
 521 W. Main Street800-333-2451
 Mitchell, IN 47446 812-849-4457

Senior Games is an annual event held in September for individuals 50 and over. Competition includes bowling, card games, golf, horseshoe throw, and other activities with medals presented for 1st, 2nd, and 3rd place. Entertainment is also provided on Senior Day held during the Mitchell Persimmon Festival.

Loogootee Public Library812-295-3713
 106 N. Line Street
 Loogootee, IN 47553

They provide educational information, leisure reading, and genealogical information. They also have internet access ability.

Martin County Chamber of Commerce
 210 N. Line Street, P.O. Box 257812-295-4093
 Loogootee, IN 47553

They provide city maps and brochures, small business services, and information on tourism and area attractions. They also furnish information on recreational events and festivals. The Chamber sends informational packets to individuals wanting to move to or tour the area. Visit online at: mccc@mcoul.us

Martin County Purdue Extension Office
 2666 US Highway 50.....812-295-2412
 Loogootee, IN 47553

Purdue Extension is a service tailored to meet the needs of Indiana—needs we know firsthand. Our educators, specialists, and volunteers live and work in all 92 Indiana counties. They provide the link between Land Grant research and Indiana citizens; they provide information and expertise that's available in the form you want, when you want it; and they provide educational and natural resources, consumer and family sciences, economic and community development, activities, home economics, 4-H, and youth programs.

Martin County Historical Society
P.O. Box 564.....812-247-1133
Shoals, Indiana 47581
Their purpose is to maintain and operate the Martin County Museum (old county courthouse—1876) and preserve the history of Martin County. Their volunteers are always glad to give a tour of the building and answer your questions. They are also available for research and genealogy. Open on Monday, Wednesday, and Friday from 10 a.m. to 4 p.m. They are *closed* in the winter months. Visit online at: www.martincountyhistorical.society.com

Shoals Public Library Phone/Fax 812-247-3838
404 High Street
Shoals, IN 47581
Books, books on cassette tapes, videotapes, large print books, copy machine, computer, and a fax machine are available for public use. Visit online at: <http://shoals.lib.in.us>

West Boggs Park..... 812-295-3421
Daviess-Martin Joint County Parks
16117 US Highway 231
Loogootee, IN 47553
West Boggs Park is a property of the Daviess-Martin Joint County Parks & Recreation Department. They are a 1,500 acre multi-use outdoor recreation area, providing camping, boating, fishing, picnicking, and a wide range of activity related venues. Visitors will find a swimming beach, playgrounds, a miniature golf course, horseshoe pits, shelter houses, and acres of open play space. In addition, the park contains a full service Amish style restaurant, an exceptional 9 hole golf course, and 622 acres of open water for boating, water skiing, and fishing.

SUPPORT SERVICES

Albion Fellows Bacon Center.....800-339-7752
P.O. Box 3164..... *Domestic Assault* 812-422-5622
Evansville, IN 47731..... *Sexual Assault* 812-424-7273
They have a shelter for battered and/or sexually abused women and their children. Services include 24-Hour crisis hotline, community education, legal advocacy, sexual assault program, support groups, and referral and advocacy services. Legal advocacy and public speaking presentations are also available.

American Cancer Society *Helpline* 800-227-2345
5250 Vogel Road.....800-543-5245
Evansville, IN 47715812-475-9244
The American Cancer Society is the nationwide, community based, voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer through research, education, advocacy, and service. Visit online at: www.cancer.org

American Red Cross866-599-9951
2119 29th Street812-275-5162
Bedford, IN 47421
Notification to active duty military personnel of death, serious illness, or circumstances of immediate family members; disaster assistance; one-family or community blood drives; health and safety classes, including CPR and first aid. Visit online at: www.redcross.in/bedford.org

Bureau of Developmental Disabilities Services (BDDS)
1452 Vaxter Street877-218-3529
Clarksville, IN 47129812-423-8449
The purpose of BDDS is to provide individuals with developmental disabilities with services that enable them to live as independently as possible in their communities. Services provided include: Caregiver Supports, Developmental Disability (DD) Eligibility, Group Homes, Objective Based Allocations, and Home and Community Based Medicaid Waivers (Family Support Waiver and Community Integration Habilitation Waiver). Visit online at: www.in.gov/fssa/ddrs/2639.htm

CancerCare.....800-813-4673
275 Seventh Avenue, 22nd Floor.....212-712-8085
New York, NY 10001
Information and Referral Program to help find funding resources for people affected by cancer in their community. CancerCare is staffed by professional oncology social workers helping people with cancer cope with the educational, financial, practical, and emotional challenges of cancer. Visit online at: www.cancercare.org

Hoosier Uplands Budget Counseling
500 W. Main Street.....800-827-2219
Mitchell, IN 47446.....812-849-4447
The Budget Counseling service seeks to assist persons at any income level to better manage their money and financial obligations. Hoosier Uplands will help you determine your financial situation and balance your

budget. They will work with you to develop a spending plan. This service is free to any interested individual. Visit online at: www.hoosieruplands.org

Hoosier Uplands Mortgage Default Counseling
500 W. Main Street 800-827-2219
Mitchell, IN 47446 812-849-4447
Hoosier Uplands Housing Counseling provides Information/counseling for persons experiencing landlord-tenant problems, financial difficulties, and mortgage default/rental delinquency counseling. These services are free. Call to make an appointment. Visit online at: www.hoosieruplands.org

Hoosier Uplands/The Angel Foundation
521 W. Main Street 800-333-2451
Mitchell, IN 47446 812-849-4457
The mission of *The Angel Foundation* is to facilitate the fulfillment of a lifelong dream or wish for ADULTS IN INDIANA WITH A TERMINAL ILLNESS AND A PROJECTED LIFE SPAN OF ONE YEAR OR LESS. A life-long dream or wish may consist of any realistic request, which will make a significant difference in the individual’s physical, emotional, or spiritual well-being. The commitment of *The Angel Foundation* is to empower communities and recipients to share in the joy of bestowing a gift of love. Visit online at: www.hoosieruplands.org

Indiana Foreclosure Prevention Network
..... 877-438-4673
Think of 877-Get-Hope as your personal financial hotline. The 877-Get-Hope benefits are available to any Hoosier homeowner having trouble paying a mortgage. Free foreclosure prevention counseling by trained financial experts. Services include budgeting help, a written financial plan, or assistance in contacting the lender. Visit online at: www.877gethope.org

Martin County Community Foundation
2668 US Highway 50, P.O. Box 28 812-295-1022
Loogootee, IN 47553
The Foundation’s Mission is “To enhance the quality of life for the citizens of Martin County, Indiana, in the areas of education, health, and human services; civic and historical affairs; the arts; culture; and recreational activities.

Samaritan Center of Martin County
200 S. JFK Avenue..... 812-295-3090
Loogootee, IN 47553
They are in the Loogootee office Wednesday from

They provide family counseling, in-home case management services; and group, individual, marital, and chemical dependency therapy. They also provide outpatient psychiatric evaluation and counseling services. Medical clinics, chemical dependency, and drug classes available (after evaluation).

Serenity Now Psychiatric & Counseling Center
2125 16th Street 812-275-4053
Bedford, IN 47421
Serenity Now is a division of Hoosier Uplands. They will provide psychiatric, counseling, and supportive services to those who need help in these areas.

Stepping Stone Detoxification Center
30 S. Stockwell Road..... Crisis 812-423-7791
Evansville, IN 47714 812-473-3144
Provides inpatient and outpatient detoxification treatment program and counseling for alcohol and drug abusers and their families.

VA Medical Center—Richard L. Roudebush
1481 W. 10th Street 888-878-6889
Indianapolis, IN 46202 317-554-0000

VA Medical Center—Rex Robley 800-376-8387
800 Zorn Avenue 502-287-4000
Louisville, KY 40206
Inpatient/outpatient medical care, community clinics, emergency medical care, psychiatric care, alcoholism unit, drug abuse program, and rehabilitation of physically handicapped veterans.

TRANSPORTATION

Indiana Department of Veterans Affairs
Veterans Transportation..... 317-988-2472
1481 W. 10th Street
Indianapolis, IN 46202
Through the Transportation Network, DAV volunteers drive sick and disabled veterans to and from VA medical facilities for treatment.

Ride Solutions..... 877-369-8899
1001 E. Main Street, P.O. Box 367
Washington, IN 47501
They provide transportation to residents of Martin County. Cost of transportation is based on destination one way; cost doubles for round trip. They accept cash only.

Martin County Veterans Van 812-247-2450
PO Box 600, Shoals, IN 47581
First come first serve, by appointment. Transportation to scheduled medical appointments at VA clinics and hospitals in the surrounding area.

WHAT IS MEDICARE?

Medicare is health insurance for the following: people age 65 or older; people under age 65 with certain disabilities; people of any age with End-Stage Renal Disease (ESRD) (permanent kidney failure requiring dialysis or a kidney transplant); and people with ALS (Amyotrophic Lateral Sclerosis, also called Lou Gehrig's disease).

Medicare is made up of four (4) different entities. Depending on your individual circumstance, you may have one or more of the following: Medicare Part A (Hospital Insurance); Medicare Part B (Medical Insurance); Medicare Part C (Advantage Plans); and Medicare Part D (Prescription Coverage).

Original Medicare, which provides Medicare Part A and Part B coverage, is a fee-for-service plan managed by the Federal Government. This means you are usually charged for each health care service or supply you get. For some services, you will pay an amount called a deductible before Medicare pays its part. Then, when you get a Medicare-covered medical supply or service, Medicare pays its share of the cost of the supply or service, and you pay your share, called the coinsurance or a co-payment.

Medicare doesn't cover everything. For example, Medicare doesn't cover cosmetic surgery, health care you get while traveling outside of the United States (except in limited cases), hearing aids, most hearing exams, long-term care (like care in a nursing home), most eyeglasses, most dental care and dentures, and more. Some of these services may be covered by a Medicare Advantage Plan (like an HMO or PPO).

You will be automatically enrolled in Medicare Part A and Part B effective the month you are 65. If you do not want Medicare Part B, follow the instructions that come with the card.

If you are close to age 65 and not yet getting Social Security benefits or Medicare, you can apply for both at the same time. To make sure that your Medicare Part B coverage start date is not delayed, you should apply three months before the month you turn 65.

If you aren't getting Social Security or Railroad Benefits and you want Part A and Part B, you

will need to sign up (even if you're eligible to get Part A premium-free). If you are not eligible for premium-free Part A, you can buy Part A and Part B.

You should contact Social Security three (3) months before the month you turn 65. If you worked for a railroad, contact the RRB to sign up.

If you apply in your birth month or during the three (3) months after your birth month, your Part B Medicare coverage (or Medicare Advantage Plan coverage) will be delayed from one to three months depending on the month you applied.

WHAT IS QMB?

You may qualify to get help paying for your Medicare Part A and Part B premiums through the **QMB (Qualified Medicare Beneficiary) Program**. This premium amount is deducted from your social security each month. QMB pays for original Medicare Part A and Part B premiums, deductibles or coinsurance. You must be eligible for Part A, even if you are not enrolled, and meet income guidelines based on the Federal Poverty Guidelines.

WHAT IS EXTRA HELP?

If you have Medicare D and have limited resources, you may qualify for **Extra Help** paying for your prescription drugs and monthly premium. To qualify you must meet the income and resources dollar amount guidelines that have been established and based on the Federal Poverty Levels.

UNDERSTANDING MEDICAID SPENDDOWN

Your eligibility for Medicaid depends on your income. If you get more income than is allowed by the Medicaid program, you will not be eligible for Medicaid. **HOWEVER**, even if you have a higher income, you may still be eligible for some Medicaid benefits if your medical costs are high.

If your average monthly medical expenses are higher than the amount that your monthly income exceeds the income limit, you can still be eligible for Medicaid to cover some of your medical costs. That is the Medicaid spend-down.

Medical expenses you pay each month including premiums for health insurance, doctor's

visits, prescription costs, and other medical expenses can be counted. You can also count “unpaid balances from old medical bills” that you owe.

Your “spend-down” is the amount your income is over the Medicaid income limit. If you apply for Medicaid and your income is over the limit, then you should take all of your medical bills, including old bills you still owe from the past, to your Medicaid caseworker. You will satisfy the “spend-down” for the month if the medical bills for that month, along with the old medical bills you owe, are larger than your spend-down amount.

Keep track of your medical expenses (current expenses and old bills) and be prepared to show them to the caseworker to prove your eligibility. You may not be required to prove it every month, but it is good to be prepared in case there is a question. Keep all your medical expenses and notes in a file to make it easier to keep track.

If you do not meet your spend-down in a certain month, you will not be eligible for Medicaid that month.

If you are denied Medicaid, you can appeal. Send your caseworker a letter saying you want to appeal. For legal advice, contact an attorney or the Indiana Legal Services, Inc. office at (800) 822-4774.



The State Health Insurance Assistance Program (SHIP) is a free and unbiased counseling program provided by the Indiana Department of Insurance for Medicare beneficiaries in Indiana. It is a non-profit organization designed to provide an unbiased place for seniors and pre-retirees to find answers to their health insurance questions regarding Medicare A (Hospital Insurance), Medicare B (Medical Insurance), Medicare C (Advantage Plans), Medicare D (Prescription Coverage), Medicaid, QMB, and Extra Help. Contact the central office at this number—800-452-4800—to find the nearest SHIP Counselor in your area.

SPECIAL INTEREST TOLL-FREE PHONE NUMBERS

Acute Care Complaint Hotline	800-227-6334
Alzheimer’s Association	800-272-3900
Alcoholics Anonymous Hotline	800-729-6686
American Association of Retired Person	888-687-2277
American Heart Association	800-229-1503
American Cancer Society Helpline	800-227-2345
American Diabetes Association.....	800-342-2383
Centers for Disease Control Info Line.....	800-232-4636
Childhelp National Child Abuse Hotline	800-422-4453
Consumer Protection Division.....	800-382-5516
Disability Determination Bureau.....	800-622-4968
Eldercare Locator (nationwide)	800-677-1116
Family & Social Services Administration....	800-403-0864
Federal Information Center	800-688-9889
Habitat for Humanity International	800-422-4828
Healthy Indiana Plan	877-438-4479
Indiana Department of Veterans Affairs	800-400-4520
Indiana Family Helpline.....	800-433-0746
Indiana Poison Center	800-222-1222
Indiana Resource Center for Autism	800-825-4733
Medicare.....	800-633-4227
National Center for Missing or Exploited Children	800-843-5678
National Kidney Foundation of Indiana.....	800-382-9971
National Runaway Switchboard	800-621-4000
Office of the Long Term Care Ombudsman	800-622-4484
Social Security Administration.....	800-772-1213
State of Indiana Adult Protective Services.....	800-992-6978
State of Indiana Government Information	800-457-8283
U.S. Department of Veterans Affairs Regional Office	800-827-1000
U.S. Veteran’s Administration Medical Centers Richard L. Roudebush	888-878-6889
Indianapolis, IN 46202 Robley Rex	800-376-8387
Louisville, KY 40206	



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