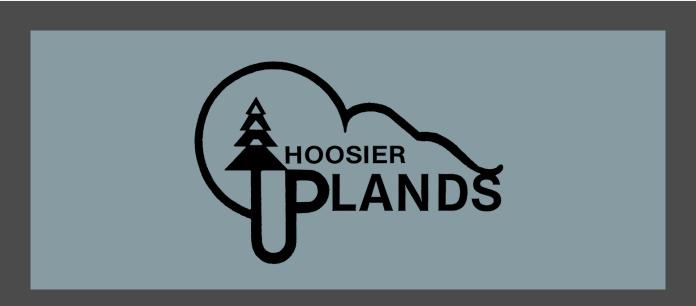
### HOOSIER UPLANDS EMPLOYEE NEWSLETTER





### Mission Statement

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.

Makiya Russelburg and Chandler Ikerd welcomed William Colter Micheal Ikerd born on 12/14/24, weighing a whopping 8 lbs & 15 oz. Mommy and baby are both thriving.





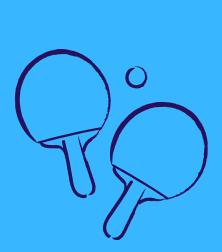
to Billy Joe who has worked very hard to keep our parking lots and sidewalks clear of the ice and snow we have had.

We appreciate you, Billy!





Serenity Now had a Ping Pong tournament where most of the employees squared off to see who would be announced as the winner. It finally came to a head this month where therapist Tom Trent battled Dr. Eckard, and it was a close match, but Dr. Eckard took home the win. Congratulations to Dr. Eckard!





Margaret Staggs 52 year work anniversary on 1/11/25

Jesselyn Wilson 5 year work anniversary on 1/20/25







# FREE HEALTH SCREENINGS

Tuesday, February 18th, 2025 9am-12pm Melton Public Library 8496 W College St., French Lick, IN

## TAKE CONTROL OF YOUR HEALTH BY KNOWING YOUR NUMBERS. STOP IN FOR A FREE SCREENING THAT INCLUDES:

- blood glucose and cholesterol
  - a 9-hour fast before your test is recommended for the most accurate results.
- blood pressure
- heart rate
- oxygen saturation
- hemoglobin A1C
  - o fasting not needed
- nutrition services
- naloxone kits
- health coaching

Following your screening, you will have a personal consultation so that you can make informed decisions about your own health based on your screening results.

Hope Resource Center Mobile Unit will be on-site with free pregnancy tests, STI testing, and ultrasounds.

**WALK-INS WELCOME:** no appointment needed

Questions? Contact Britney Arce at barce@iu.edu







Give our professionals a call at 812-849-4447 or 800-827-2219

Home Health Care & Hospice Fax 812-849-3068

"Not All Home Health Care & Hospice Agencies Are Created Equal!"

Based on the 3rd Quarter Home Health Testimonials of our Patients and Families:

"All around care good and professional."

"HHA's were excellent."

"HHA helped me with my showers. She was very kind and helpful. She has a great personality. I thank her. All other staff were great too."

"The ones I had was good. I had them come for breathing problems and because I was in the hospital."

"Home Health Care does a good job."

"I did not have a nurse; just PT and aide. I am an RN and I know my meds. My caregivers were great!"

"Done good job."

"I would like to thank everyone from the girls in the office who answered the phone to every nurse that came to my home to give me care. They all went over and beyond."

"PT and Nurse helped me make progress with my health under their tutoring."

"All nurses were helpful and kind. I thank all of you in my time of need. When the nurse leaves my home I always have a smile on my face."

Based on the 3rd Quarter Hospice Testimonials of our Patients and Families:

"RN was the greatest. She made my husband relax. She answered any question he asked truthfully and to his satisfaction. She made everything much easier on me too. I would have her again if I was in the same situation.

"The family would like to express their sincere thanks and appreciation to Hoosier Uplands and RN."

"The care received by Hoosier Uplands Hospice was excellent. I would rate the support and care received as the best by all caregivers. My father received care and my husband. Impressed by Dr. Sorrells personal visit to both."

"Our care was excellent from the nurses and Dr. Sorrells. Our nurse was outstanding and caring through this difficult time."

Thank you for trusting us to care for your patients!

Our dedicated staff are ready to serve our neighbors!



FREE Hoosier Uplands Head Start is the #1 program offering preschool for children ages 3-5 and fun learning for the whole family. Preparing children for school since 1965!

Why Head Start:

□ Lots of Love and Fun □

☐ Trained & Trusted Staff ☐

☐ Meals & Snacks provided ☐

☐ Limited Transportation available

Hands- on Learning

Safe & Clean Classrooms

Free Family Fun Nights



### FREE PRESCHOOL Call Today!!!



Currently taking applications for August 2024 classes!

(812)849-4447 (800)827-2219

Serving families in Lawrence, Martin, Orange & **Washington counties** 



🚼 www.hoosieruplands.org







### HOOSIER UPLANDS CAN HELP YOUR CHILD SLEEP SAFE!

WE OFFER PACK N PLAYS AND SAFE SLEEP TRAINING FOR THOSE IN NEED! CALL US AT 812-849-4447 AND ASK FOR WHITLEY CLEMENTS!







# We can help keep your child safe!

HOOSIER UPLANDS OFFERS FREE CAR SEATS, AND FREE CAR SEAT CHECKS FOR THOSE IN NEED.

CALL OUR OFFICE AT 812-849-4447 AND ASK TO SPEAK WITH WHITLEY CLEMENTS!

Car seats offered include convertible, combination, high back booster and booster seats!





### PRAYER REQUESTS

Prayers for Paul Gillespie and family as he recovers from heart surgery

Donna Skeen, as she just lost her husband

Laura Dougherty - Head Start - strength for a recent health diagnosis.

